



## Prader-Willi Syndrome House Approved



Construction on a new six-bed Individual Residential Alternative for individuals with Prader-Willi Syndrome will begin in 2011. According to Dale Hampton, Executive Director/Vice President of DePaul Developmental Services, state funding for this project was approved in October.

"We are so pleased to commence construction on this much-needed housing alternative and hope for completion sometime in late 2011," said Hampton.

### Prader-Willi Syndrome

Prader-Willi Syndrome (PWS) is a genetic condition resulting from an atypical formation of chromosome 15. PWS causes low muscle tone, short stature, and a chronic feeling of hunger. Coupled with a metabolism that uses drastically fewer calories, PWS can lead to excessive eating and life-threatening obesity. Those with PWS often have low birth weights and are diagnosed with "failure to thrive." The syndrome is categorized by increased appetite, weight control issues, motor development delays, as well as unique medical issues.

Children and adults with PWS have sweet and loving personalities.



## Oakview Commons Reconstruction Complete

Construction at Oakview Commons, a DePaul Senior Living Community located in Four Oaks, North Carolina, is now complete. The project included a complete re-construction of the front of the building along with other structural updates, a new common area for

each hallway, as well as a new lobby and office space. Phase two of the project included a 40-bed Memory Care Unit which provides services to those with Alzheimer's disease or other forms of dementia. Applications are now being accepted for new residents.

## Supporting a Cause



DePaul staff members at the start of the Autism Walk – Mary Mendelsohn, Manager of the Union Square Individual Residential Alternative; Dale Hampton, Executive Director/Vice President/DDS; Cyril Waugh, friend of DePaul; and Chip McDaniel, Assistant Program Director/DDS.

Staff members from DePaul Developmental Services (DDS) recently took part in the eighth annual Rochester Walk Now for Autism Speaks. Over 3,500 walkers came out in support of this two-mile walk which included an autism-themed puppet show, guest appearances by mascots from local sports teams, and information booths by local agencies which provide services to families who have autistic children.

Congratulations to the Rochester Autism Speaks and DDS staff who participated in this successful event. To date, over \$170,000 has been raised.

Autism Speaks is dedicated to increasing awareness of autism spectrum disorders, to funding research into the causes, prevention, and treatments for autism, and to advocating for the needs of individuals with autism and their families.

## What's in your medicine cabinet?

Each year, thousands of young people try a painkiller. In 2006, 2.1 million teens reported abusing prescription drugs. Where are teens finding these medications? Teens are abusing medications found at home.

In an effort to educate and safeguard our community about the dangers of prescription drug abuse, DePaul's National Council on Alcoholism and Drug Dependence-Rochester Area (NCADD-RA) participated in a National Take Back Initiative in conjunction with the Monroe County Sheriff's Office, the County of Monroe, and the Rochester Office of the Department of Drug Enforcement Administration (DEA). In just one day, over 1,500 Monroe County residents delivered almost 3,000 pounds of

**What's in your medicine cabinet?**

Prescription drug abuse is on the rise.

**Learn the facts.**

**DEPAUL** National Council on Alcoholism & Drug Dependence - Rochester Area

**719-3489** [www.ncadd-ra.org](http://www.ncadd-ra.org)

unwanted prescription medications to 19 different collection sites throughout Monroe County.

"Each day more and more teenagers experiment with prescription drugs. This is a serious and growing problem in our community with both health and safety consequences. With programs like this recent take-back initiative and the collaborative efforts of the DEA, Monroe County and DePaul's NCADD-RA, we encourage residents to safely dispose of unwanted prescription medications and share information with parents on the risks of prescription drug misuse and how to safeguard all medications," said Jennifer Faringer, Director of DePaul's NCADD-RA.

# DePaul Senior Living Residents Take on an **OLYMPIC CHALLENGE**



Curt Sanger, Activities Director at Horizons, helps Horizons resident Mary Baker get ready to roll a strike.



Woodcrest Commons resident Phil Fuoco smiles as Dan Charcholla, DePaul Recreation Director, presents him with a gold medal at the DePaul Senior Olympics.

## **OLYMPIC CHALLENGE**

A procession of proud seniors paraded around the DePaul Recreation Center sporting their prize winning medals as residents of five DePaul Senior Living Communities participated in the fourth annual DePaul Senior Olympics held at DePaul's Recreation Center.

Residents from Westwood Commons in North Chili, NY; Woodcrest Commons in Henrietta, NY; Horizons in Canandaigua, NY; as well as two communities located in Buffalo, NY, Kenwell and Glenwell, comprised the teams. The day's events included golf, a bean bag toss, billiards, bowling, shuffle board, and a word search/spelling bee. Participants competed in teams of ten for the DePaul Olympic Cup which was awarded at the closing ceremony. Individuals competed for gold, silver, and bronze medals in each game.

The combined team from Kenwell and Glenwell earned the most gold medals and was awarded the DePaul Olympic Cup.

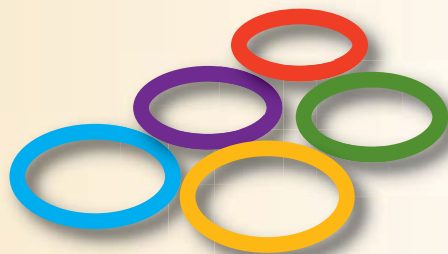
"Giving our seniors the opportunity to stay active and social is an important aspect of our senior living programs and the Olympics are another fun way for our residents to get involved in something new and exciting," said Judy Sims, Vice President, DePaul Adult Care Communities - NY.



Annie Bates, a resident at Westwood Commons, closes her eyes as she concentrates on her spelling word. She spelled precipitation correctly!



Team Buffalo celebrates their win in the DePaul Senior Olympics and proudly shows off the DePaul Cup.





**DePaul Community Services, Inc.**  
 1931 Buffalo Road  
 Rochester, NY 14624  
 www.depaul.org

Non-profit Org.  
 U.S. Postage  
**PAID**  
 Rochester, N.Y.  
 Permit No. 1323



Heath House resident Cora Christi claps to the music with Denise Grant, Activities Director at Heath House, during the Lincoln County Residents' Rights Celebration.

## Senior Residents *Celebration*

Residents from two DePaul Senior Living Communities in North Carolina, Heath House and Wexford House, participated in an annual event, "Residents' Rights Celebration." Over 90 seniors from assisted living and nursing homes took part in a variety of activities including designing creative name badges and dining room place setting judging. Heath House and Wexford House tied for a win in the place setting category.

Congratulations to the residents and staff at Heath House and Wexford House! Heath House is located in Lincolnton, North Carolina and Wexford House is located in Denver, North Carolina.

## Will You Consider a Gift to DePaul?

Our agency has now grown to serve some 5,000 people annually in programs that encompass mental health residential and treatment services, senior living residential services, programs for those with developmental disabilities, vocational services, and addiction prevention and support programs. In all of our endeavors, we are proud to have helped people go beyond what they think is possible.

When you receive the DePaul Annual Giving Appeal later this year, we ask that you consider a gift that will help us continue caring for those we serve. Every time we make a difference, every life we change for the better, every achievement great or small is a triumph. We invite you to be a vital part of making a difference.

For more information on making a donation, contact Marcia Dlutek at (585) 426-8000 or [mdlutek@depaul.org](mailto:mdlutek@depaul.org).

**Mark H. Fuller – President**

**Maggie Fitzgibbon – Copywriter**

**Marcia Dlutek – Editor**

**Kathi Stolte – Design**

DePaul is a not-for-profit organization that provides senior living residential services, mental health residential and treatment programs, addiction prevention and support services, and programs for those with developmental disabilities. To receive DePaul Details electronically, please contact Lynette Wilson-Cox in DePaul's Communications Department and provide her with your name and e-mail address. Please address comments to the Communications Department at (585) 426-8000.