

We need  
diversity of thought  
in the world  
to face the  
new challenges.

Tim Berners-Lee

ALL

OF

US



# A MESSAGE FROM THE PRESIDENT...

**D**ePaul and many human service organizations exist for times like these - those defined by great need, increasingly turbulent economic conditions and crises. Since 1958, DePaul's services and programs have evolved to better address some of society's most intractable problems involving people that truly need our support and care. Our perspective has been to take the long view, a hallmark of DePaul's strategic growth and ability to make positive differences in both the lives of those we serve and in the communities in which we have a presence.

Not-for-profit organizations are increasingly being confronted by a combination of immediate needs and long-term concerns. DePaul is no exception. I am very proud of DePaul's dedication to quality, innovative approaches, operational agility, and focus on strategic direction that have allowed us to make a continued positive impact, which in 2014 included renovation of historic buildings in Rochester and Buffalo and the start of construction on two new sites, all providing quality housing for income-eligible tenants. Our mental health programs opened new beds that offer support but with greater levels of independence, while programs for seniors saw continued increases in the need for services along with the average age and infirmities of those in our care. DePaul also made inroads in the provision of mental health treatment and support, vocational initiatives and addiction prevention and support.

We learn so much from the thousands of individuals in our care who span all ages and come from diverse backgrounds and all walks of life. Their insights challenge us to look at solving problems through a more progressive lens. As we invest in people and communities, DePaul's long-term vision, our team structure, and our staff of devoted caregivers and industry experts have allowed our agency to work precisely and effectively in the proverbial trenches, making a true difference in areas with critical need.

Our strong network of community partnerships permitted DePaul to readily determine where our services might have the greatest impact. DePaul engages thought leaders who encourage the expeditious assessment of resources, deciding where they may be put to the greatest and best use. In the spirit of sustainability, one plus one will always add up to more than two for DePaul.

Never before have I been more grateful for and reliant on the DePaul Board of Directors and our dedicated staff. Their judgment and commitment to doing what is right is unparalleled. They willingly devote their time to helping others and properly positioning DePaul for continued quality, strength and stability in these changing times. We are truly a family at DePaul.

As we prioritize and innovate, we focus our efforts on providing superior housing, services, treatment and support that will help people go beyond what they once thought possible. We also wrestle daily with new issues and challenges. And we don't have all the answers. But it is precisely because of these ever-changing circumstances that DePaul's commitment to serve and sustain those who are suffering and in need is crystal clear. That is our motivation. That is our passion. That is our duty.

That is why we need you and your support. Thank you for being a friend of DePaul.

Sincerely,

A handwritten signature in black ink, appearing to read 'Mark H. Fuller'. The signature is fluid and cursive, with a long, sweeping line extending from the end.

Mark H. Fuller  
President

Alone we can  
do so little;  
together we  
can do so much.

Helen Keller



## ***Our Mission***

DePaul, a progressive, private not-for-profit organization founded in 1958, is committed to providing quality services including assisted living services for seniors; residential, treatment, and support services to persons with mental illness in recovery, some of whom have a history of homelessness; addiction prevention and support services, vocational programs and affordable housing. DePaul assists individuals in achieving their optimum level of independence and success in the environment of their choice, while remaining sensitive to assessed community needs and available resources.







# DePaul Affordable Housing Programs



*Carriage Factory Apartments*



*Rochester View Apartments*



*Ebenezer Square*

**A**ffordable housing for income-eligible tenants has the ability to change lives while benefitting the community. Distressed neighborhoods are revitalized. Economic and social integration are promoted. A greater sense of community is built.

DePaul develops attractive affordable housing solutions in urban, suburban and rural settings which promote respectful community relationships while providing supportive services for people in need. DePaul is committed to investing in communities by renovating properties, rejuvenating areas and fostering the establishment of more stable, cohesive neighborhoods, as proven by the opening of two significant projects in 2014.

The much-anticipated **DePaul Riverside Apartments** in Buffalo, New York opened in March 2014 to a welcoming community which included many former teachers and students of the former Public School 60. The site, which sat vacant for nearly ten years, was converted into a campus with a total of 68 apartments for income-eligible tenants that were filled within 30 days of opening. The project included moving licensed beds in Buffalo to the Riverside Treatment Apartment Program, resulting in the closing of the Aurora Street Community Residence and the Garden Village Treatment Apartment Program, as well as the downsizing of the Rutherford Place Community Residence from 14 to 10 beds.

The conversion of the over 100-year-old, formerly-vacant Cunningham Carriage Factory into the **DePaul Carriage Factory Apartments** was completed in November 2014 and topped off with the installation of an original brougham-style Cunningham carriage as the lobby's centerpiece. Located in Rochester, New York, the 73,000-square-foot building has 71 loft apartments for income-eligible tenants that were fully occupied in 30 days. The project contains a combination of licensed and affordable apartments. Beds from Cornerstone, a Single Room Occupancy Program, and beds from the Shelter Cove Community Residence relocated to this site.

Construction began on the **Rochester View Apartments** in May 2014. Located in Henrietta, New York, the 61 apartments for income-eligible tenants will offer enhanced supports to accommodate persons who may be deaf, hard of hearing or those using American Sign Language (ASL), as well as treatment apartment services. The project received extensive community support and will feature state-of-the-art communication equipment and high-contrast visual design. An October 2015 opening is anticipated.

Development began in August 2014 on **Ebenezer Square**, containing 100 apartments including New York State Office of Mental Health (NYS OMH) Community Residence - Single Room Occupancy Program housing for income-eligible tenants in West Seneca, New York. The project is anticipated to be complete in August 2016.

DePaul continued to meet with interested parties to discuss special needs affordable housing and DePaul's ability to play a role in meeting ever-growing needs.

# MAMIE FLOYD *A New Beginning*

Mamie Floyd has a seemingly endless list of reasons she loves living at the **DePaul Riverside Apartments** in Buffalo, New York. Prior to arriving in April 2014, Mamie found herself isolated and separated from family and friends in a less-than-desirable apartment with limited options for the future. A friend referred her to DePaul just in time.

"I said 'Lord please don't let me get turned away,'" Mamie recalled. "Riverside was so much more than I ever hoped for. The rent is affordable. It's safe. The staff are always so nice and concerned. The people who live here are great. It's designed well. I can easily get to the laundry room and my storage area. Everything here is right! You can tell DePaul really cares."

Mamie, 65, is one of 12 children from a "strong, praying family" and a native of Pennsylvania who moved to Buffalo over thirty years ago with her two young sons. A high school graduate, she worked as a nurse's aide until her own health issues rendered her disabled. In her new apartment, she's made linkages to supportive services and truly appreciates the convenience of the location, the inclusion, and how at home she feels.

Her African Grey Parrot, Troubles, is a present from her son. She affectionately refers to him as the "human bird," noting he has provided her with therapeutic companionship and chatty conversation for eight years. His cage is front and center in Mamie's living room, as he occupies a special place in her heart.

Mamie sadly lost one of her sons but receives regular visits from her surviving son, five grandchildren and four great-grandchildren. "My son feels that my new apartment is just right in so many ways," she said.

A lover of gospel music, Mamie is a modern woman who also stays connected with family and friends on Facebook. She enjoys visiting stores in the neighborhood and cooking. Her specialty is lasagna.

Mamie can't say enough about her new place. "There is peace and quiet here. It's safe and people really care. I have freedom and I feel loved. They're going to have to put me in a pine box to get me out! I'm never leaving because I couldn't ask for anything better."



*Riverside Apartments*





# DePaul Mental Health Residential Programs

- *Community Residences*
- *Shelter + Care for the Homeless*
- *Single Room Occupancy (SRO) Programs*
- *Supported Housing*
- *Transitional Housing*
- *Treatment Apartments*

**E**ach year millions of Americans face the reality of living with a mental illness and find hope in the supports provided by agencies like DePaul. **DePaul's Mental Health Residential Programs** have provided a continuum of housing options to people with a psychiatric disability in recovery in Western New York for 35 years. In 2014, nearly two-thirds of those served by DePaul mental health residential programs moved on to a more independent level of care.



DePaul was approved to move forward on development of **New York State Office of Mental Health – Supported/Single Room Occupancy (SP/SRO)** housing in 2014. DePaul is pursuing development of apartments that combine affordable community beds with supported housing services in four counties including Schenectady, Oneida, Ontario and Niagara with sites being secured in each area.

Renovations were completed in July 2014 at the **Rutherford Place Community Residence** in Depew, New York. This community residence downsized from a capacity of 14 to 10 private bedrooms and is DePaul's last community residence in Erie County.

**Supported Housing** programs experienced growth with the award and opening of 20 new supported housing beds in Monroe County, six in Genesee County, four in Orleans County and two in Wyoming County. Patients being discharged from the Rochester Psychiatric Center, Strong Memorial Hospital, Rochester General Hospital, Unity Hospital at St. Mary's and Wyoming County Community Hospital will utilize the beds. In addition, DePaul was awarded a renewable \$400,000 annual New York State Department of Health grant to provide supported housing for 40 people who receive care management services from the Niagara Falls Memorial Medical Center Health Home Program in Niagara County.



DePaul partnered with the Monroe County Office of Mental Health and Strong Memorial Hospital to develop two crisis step-down housing beds at **Cornerstone**, a DePaul Single Room Occupancy Program, in Rochester, New York. The non-licensed beds will have an average length of stay of 30 to 45 days and will accommodate patients leaving the hospital who have no placement alternatives following discharge.

Finally, ten **short-term apartments** for people and their dependents experiencing a housing crisis were developed in Livingston, Wayne, Orleans and Wyoming counties. Scheduled to open on January 1, 2015, the average length of stay will be 14 days and all recipients who temporarily reside in these apartments will be prioritized for more permanent housing in their respective Single Point of Access (SPOA).



# ERIC Z.

## *One Step at a Time*

His easy smile, honest face and “chillax” affable manner belie the roller coaster of symptoms Eric Z. experienced after being diagnosed with a mental illness nine years ago.

Eric, 27, has lived in Rochester, New York most of his life save for a few years he spent in South Carolina with his dad. The self-described “mama’s boy” is the oldest of four brothers. He graduated from Edison Tech with a Regent’s diploma and a concentration in carpentry. Eric attended Monroe Community College for one year but his plans to earn a degree derailed when he began having severe sleep disturbances and a confused train of thought. Those episodes led to his eventual hospitalization, the first of seven that often occurred when he went off his medications. Eric managed to hold a number of jobs while he coped with his diagnosis, including employment in retail, restaurant and video store settings.

Eric came to DePaul early in 2013 after a hospitalization when his family recognized he needed a program with more supportive services. At the Elmgrove Community Residence, Eric found an environment that helped him achieve sobriety while fostering a greater sense of community. He lived there until December of 2014 when he became one of the first residents of the **DePaul Carriage Factory Treatment Apartment Program.**

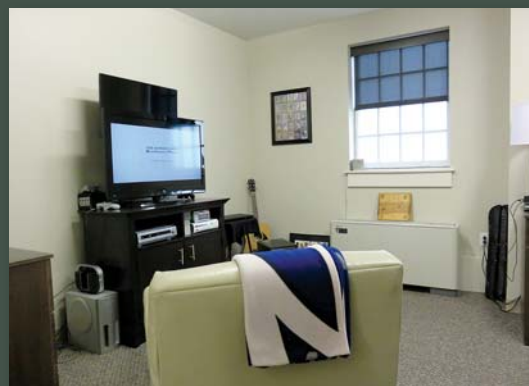
“I was kind of skeptical at first,” he said. “I felt comfortable at Elmgrove but I knew it was not a permanent spot for me and I needed to think about a more independent setting. When I walked in I was like ‘WOW!’ The modern, industrial look, excellent staff, and a beautiful apartment was everything I needed. When my mom saw it, she said, ‘Eric this is perfect for you.’ My family is very supportive of me.”

The Carriage Factory represents a big step toward independence for Eric. His place is immaculate. He’s made new friends, and takes advantage of scheduled trips to stores and supportive activities like cooking classes, his specialties being homemade pizza and chicken parmesan. He’s looking forward to rediscovering his past interest in painting and poetry, using his green thumb to grow some fresh herbs and vegetables, and continuing to collect sports memorabilia; the Yankees are his favorite team.

“I have a motto,” he said. “Things get better in time. You might stumble but you’re still going up.”

A movie buff, Eric’s future goals include exploring vocational opportunities, learning to play the guitar, getting more exercise and obtaining a driver’s license.

“The nice thing about DePaul is that they keep you involved doing things you might not have thought about trying,” he said. “DePaul is a great organization. They are there to help you be more independent, guide you and stay healthy. DePaul is always looking out for our best interests and I’m so grateful to be here.”



*Carriage Factory Apartments*



# DePaul Mental Health Treatment, Rehabilitation and Support Programs

**T**he **DePaul Personalized Recovery Oriented Services (PROS) Program** provides state-of-the art, evidence-based clinical and support services to individuals working to achieve recovery from a serious mental illness. Participants engage in services that can immediately and directly address their individualized knowledge and skill deficits to facilitate rapid success with step-by-step guidance to reach one's goals. DePaul PROS seeks to return people to the community to live meaningful lives doing what they desire, such as obtain employment, further their education, make community connections or live more independently.

DePaul PROS served 436 people in 2014 and continues to reduce the enrollees' length of stay, emphasizing the short but intense nature of the program which gives people a "jump start" on recovery. Enrollees typically graduate to a less intensive level of care after about nine months. At that point, DePaul PROS graduates have increased information, awareness, insight and skills, allowing them to find and/or keep a job, return to school, improve relationships including parenting skills, and manage more independent housing options.

**DePaul's Representative Payee Program**, which assists individuals with money management, served 1,300 clients in 2014.



## MARIE DALEY *Focused on Today*

Marie Daley is a survivor. Diagnosed with a learning disability as a child, Marie also experienced a near-life-ending illness at the age of five and endured major back surgery as a young adult that resulted in her wearing a full body cast for months. A subsequent injury left her unable to perform her duties as a certified nursing assistant. Several years later, she was diagnosed with non-Hodgkin's lymphoma and underwent numerous rounds of chemotherapy, as well as a stem-cell transplant during her eight-year battle. She endured these challenges while "muddling through" the symptoms of depression and anxiety for decades.

A fifty-year-old native of Fairport, New York, Marie graduated from high school, took courses in drafting and received an A.S. degree in technical graphic arts from Empire State College. She also earned certifications as a home health aide and nursing assistant, as well as in medical information processing and medical transcription. Marie has worked in an architectural firm, in skilled nursing and home health care, in a physician's office, in retail, telemarketing and even as an airport shuttle driver. Her tenacity is beyond impressive, as no matter what life dealt her, Marie soldiered on.

She sought help from a number of inpatient and outpatient resources to manage the anxiety and depression that had consistently plagued her, eventually finding her way to the **DePaul Personalized Recovery Oriented Services (PROS) Program** in 2013.

"I looked into a couple of PROS programs and DePaul was the most receptive," Marie said. "The experience has totally changed my life for the better. I really didn't know there was help like this for anxiety and depression. My outlook is so much brighter. I now believe everything will be okay and I live in and enjoy the moment more."

Marie participated in Cognitive Behavioral Therapy (CBT), Transition into Journaling, Important To – Important For, Taking Charge, Wellness Self-Management, Anger Management and Wellness Recovery Action Plan (WRAP). The groups provided valuable support and guidance, allowing Marie to acknowledge that though her feelings were real, her thoughts could be challenged.

As Marie prepares to graduate from the program, she takes pride in her job as a companion providing household and other services to people in need as well as maintaining the condominium she owns. An avid reader, she's made friends, goes on outings, and enjoys photography, crafting, jewelry making, journaling and spending time with her cat.

"The DePaul PROS program is the best thing for you," she said. "Even though I have a very close, supportive family, I once had no real sense of self-worth and felt life wasn't worth living. I was so dried up from coping with things. This has been a totally positive experience and I tell anyone who will listen about it. I see so many people who could benefit from this, focusing on the healing that PROS provides."



# Vocational Programs – DePaul WorkGuide

**W**ork is a fundamental human right that is both therapeutic and essential to a person's well-being. Vocational rehabilitation can assist individuals with a disability in gaining independence while surmounting potential barriers to employment.

**DePaul WorkGuide** assists people in finding employment and encourages the exploration of educational and career goals. Unpaid internships prior to seeking paid employment are provided by the Transitional Employment Program, while the Supported Employment Program assists persons with disabilities in obtaining and maintaining competitive employment. Services include comprehensive vocational assessment, career coaching and development, resume preparation, interviewing skills, job development for volunteer placement and paid employment, vocational groups that help consumers manage everyday challenges in the work environment, job coaching and long-term, follow-along services.

In 2014, 106 people were placed in competitive employment through DePaul WorkGuide. Twenty-one reached the milestone of 30+ hours per week and 28 reached the milestone of earning \$9.50 or more per hour with the highest making \$23.85 per hour. Forty-nine people were placed in internships and 18 graduated from the program with jobs. Placements continue to show diversity that reflects customer choice.

## MARK LEBRITON *A Path of Perseverance*



Mark LeBriton has a rock-solid work ethic. A **DePaul WorkGuide** client since 2014, Mark believes in being on time, learning new things, and putting effort into whatever task he's given. Mark, 52, is a truly nice man with a twinkle in his eye. He grew up in Fairport, New York with family including his twin brother and a younger brother. Following his graduation from high school where he focused on the printing trade in a BOCES program, he began working on the assembly line at Delco, a now-shuttered General Motors division. He retained the position for over two decades until the plant's operation was moved out of the country.

At that time, Mark embarked on a several-years odyssey where he worked at a variety of full- and part-time positions throughout the county in permanent and temporary situations. Through it all he endeavored to find the right fit.

In 2014, his job coach at Adult Career and Continuing Education Services-Vocational Rehabilitation (ACCES-VR) suggested he become part of the **DePaul WorkGuide Supported Employment Program** and receive more intensive support. Mark began working with his vocational counselor, Katrina Schipul, who noted that Mark was very eager to find employment and always put 110 percent into his job search, even going the extra step to have his own business cards printed.

"WorkGuide helped me with my resume, gave me interviewing tips, and now they visit me twice a month on the job to make sure things are going well," said Mark. "They are a big help."

Communication issues and a need for hands-on learning were identified as areas that a potential employer would ideally accommodate. After one placement was determined not to be the best fit, Mark, his family and vocational team pursued a different direction and field, applying to Walmart in Macedon, New York, where he has retained a position since September 2014 as a full-time maintenance associate. He is responsible for transporting carts, cleaning, replenishing supplies, helping customers take items to their vehicles and working in the recycling center.

"It's a good job," he said. "I've done good work and it keeps me moving. I'm inside and outside and it's close to home."

Mark has become a valued member of the Walmart team where he is well-liked, reliable and good at his job. He consistently receives positive feedback and is able to communicate effectively with co-workers and customers.

"His communication challenges have been almost non-existent in his new role," said Katrina, "while his confidence has grown tremendously!"

In addition to his family, Mark's daily life also includes maintaining the condo he's owned for over 20 years. He enjoys movies, golf, riding his bicycle, and the new computer he recently purchased.

"It's rewarding," he said. "I've learned new skills and I like the people I work with."



# DePaul Senior Living Communities

- *Licensed Adult Homes*
- *Memory Care* • *Assisted Living Programs (ALP)*



*East Towne*



*Pee Dee Gardens*



*Twelve Oaks*

**B**y 2030, over two million Americans are expected to reside in senior care facilities, with growth being spurred by the 77 million baby boomers planning to retire over the next two decades. The demand for assisted living and memory care services is also expected to rise due to a continued increase in life expectancy. In 2014, DePaul served over 2,000 individuals in its 20 senior living communities located in New York, North Carolina and South Carolina, providing the comforts of home and personal care services in supportive, affordable environments.

Homelike, well-maintained communities are important to the well-being of those in our care. To that end, DePaul completed substantial renovations to **East Towne**, a 120-bed DePaul Senior Living Community in Charlotte, North Carolina and **Twelve Oaks**, a 112-bed DePaul Senior Living Community in Mt. Airy, North Carolina which included painting, flooring, furnishings and general cosmetic improvements.

DePaul is also nearing completion on renovations and a 12-bed addition to **Pee Dee Gardens**, a DePaul Senior Living Community in Florence, South Carolina. A certificate of need was also approved for 19 additional assisted living beds at **Rolling Ridge**, a DePaul Senior Living Community in Newton Grove, North Carolina. Final designs and planning also includes eight independent apartments on the site.

DePaul continues to seek out opportunities for programs in areas that are underserved, offering seniors quality options that preserve their independence.

Engagement in community life is an integral offering at all DePaul Senior Living Communities and includes an abundance of arts and crafts, intergenerational activities, volunteering in the greater community, faith-based activities, entertainers, pet therapy and the ever-popular bingo. Many residents participated in tours of museums, the airport, the zoo, and apple farms, along with fishing trips, glamour days complete with photo opportunities, a senior ball, a classic car show, and celebrations for anniversaries, birthdays which included several centenarians, and veteran recognitions.





# DAISY TURNER *and* MARY LOU GARRISS BATTS

Sometimes you're lucky enough in life to have a sister who's not only your sibling but more like your best friend. That's the case with Daisy Turner, 82, and Mary Lou Garriss Batts, 84, two of four very close sisters who grew up with three brothers, ex-military men who are now deceased, on a farm in Watha, North Carolina. The widowed sisters moved into **Dayspring of Wallace, a DePaul Senior Living Community** in Wallace, North Carolina late in 2014, clear in their desire to be roommates.

Miss Daisy has three children and one step-child, along with three grandchildren and two great-grandchildren.

Miss Mary Lou has one son and two grandchildren. Their lives and those of their children were intertwined, having lived no more than 20 miles apart the vast majority of their lives.

Miss Daisy was a proofreader and photographer at the Wallace Enterprise Newspaper for several years and Miss Mary Lou was a secretary there. Eventually, Miss Daisy and her husband opened the Wallace Variety Store which sold everything from fishing and sewing supplies to games. Miss Mary Lou worked there as well. When it closed after 14 years, the pair began making crafts that showcased Miss Daisy's painting skills and Miss Mary Lou's sewing expertise, traveling and selling them for 15 years at malls up and down the East Coast.

As they grew older, they faced challenges of living independently due to several factors including Miss Daisy requiring dialysis and the exhaustion that follows treatment. After family explored options in the community, Dayspring of Wallace became their home.

"I really liked Dayspring of Wallace when I first saw it," said Mark Batts, M.D., Miss Mary Lou's son. "Being at Dayspring allowed Mom to stay close to



Miss Mary Lou and Miss Daisy

family and friends. She's well taken care of and the environment is very comfortable."

People gravitate toward the sisters whose main focus in life remains family and faith. They entertain a steady stream of visitors with stories of lives well lived. Their children, other residents, relatives, friends, their two sisters who live about an hour away, and Miss Daisy's devoted daughter, Dawn, who visits daily, all enjoy spending time with Miss Daisy and Miss Mary Lou, who are the cousins of the late David Brinkley, a well-known national newscaster.

They might be regaled by stories of Miss Daisy's mission trip to India, singing with the

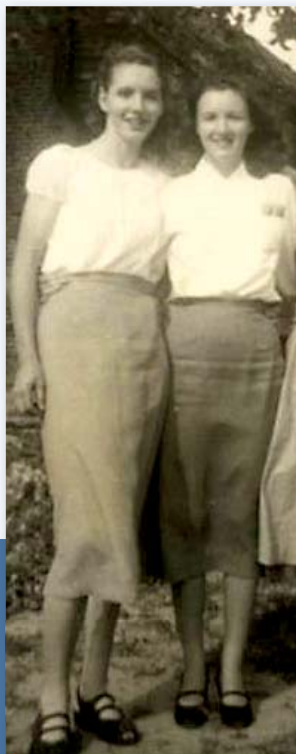
Trinity Trio, a gospel group, or her appearance on The Price Is Right Father's Day Special show, where she met some famous people and won many prizes.

Miss Mary Lou is the more quiet of the two sisters. A former Sunday school teacher for 50 years, the accomplished cook and jigsaw puzzle whiz is described by her son as a brilliant, determined woman who learned how to use a circular saw and remodeled their entire home. "If it could be done, she could do it," he said. "She is still as tough as nails."

"I have such great memories of times with my mom and aunt," he said. "They are hard-working, salt-of-the-earth people who truly built this country. Faith is at the center of their lives and has truly kept them going. Do they always agree, no, but they disagree with love."

The ladies truly enjoy the fellowship and companionship provided at Dayspring of Wallace and especially like watching old family-oriented TV shows like "The Waltons" and playing bingo.

"It's a pleasant place to live and we are perfectly satisfied," said Miss Daisy.



## *The Gift of*

## *a Sister*

# DAN and BARB TROY

## *A Lesson in Commitment*

For Dan and Barb Troy, who met on a blind date at the state fair, the recipe for a 55-year marriage revolves around patience, understanding, faith, and believing in people. Both natives of the Finger Lakes region of New York, this special couple has certainly endured through thick and thin.

Residents of **Horizons, a DePaul Senior Living Community** in Canandaigua, New York, family members had researched assisted living options for the Troys following Dan's diagnosis of Hodgkin's lymphoma. An oncologist had given Dan a very grim prognosis and recommended hospice. So they sold their home of 40 plus years in Avoca, New York and moved into Horizons three years ago on Dan's birthday. At that time, Dan had lost 40 pounds and was using a walker. "The support here made it much easier to focus on recovery," said Dan, 84.

Fastforward to today.

Dan, a graduate of SUNY Geneseo and Elmira College, and a former school teacher and house painter on the side, is now in remission. A United States Air Force veteran who served during the Korean War, he is now walker-free and actually takes daily laps around the building to stay fit. He plants flowers and vegetables in Horizons' raised-bed gardens, drives to visit Horizons' residents who are in the hospital or in rehab, and participates in the American Cancer Society's Relay for Life every June. Dan also sells the crafts he makes to benefit the resident activity fund.

Barb, 77, a former home daycare operator and avid reader



of "anything and everything," now uses a walker and is appreciative of the supportive services at Horizons. She still exercises three times a week and is happy to call Horizons home. "Everything here is just super," she said with a smile. "The food is delicious. There's a lot of variety. The staff are very bonded to the residents. I liked it immediately. What's not to like? Everything is done for you!"

Together they raised two daughters and a son, all of whom have names beginning with "K". If we had a fourth, we'd have named it "Kwits," she quipped. The family has grown to include seven grandchildren and two great-grandchildren.

Family is clearly important to the Troys. Dan lost his mother at the age of four and grew up in two "wonderful" foster homes. He was able to maintain contact with his biological siblings and their descendants as well as those from his foster families. When he was diagnosed, Barb's sister, a physical therapist, came up from Florida to help, serving in Dan's eyes as the turning point in his condition with her therapeutic suggestions.

Faith also played a role in his recovery. "There were a lot of people praying," he said. Longtime active members of the First Methodist Church in Avoca, the Troys still see the "good folks" from Avoca and now attend a Sunday worship service at Horizons while faith-based books line their shelves.

The Troys exemplify the adage that marriage is not just about finding the right mate but being the right mate.

"You have to work at it, but love endures," Barb said.



# DePaul Recreation



**R**ecreational activities enhance a person's quality of life, providing proven health benefits and other positive outcomes such as confidence building, increased self-respect, self-reliance, trust, and the development of leadership skills.

**DePaul's Recreation Program** provides services to DePaul mental health programs both at the recreation center and daily at residential sites in the Rochester area.

Activities include seasonal sports, groups, a myriad of crafts including jewelry making and painting, themed socials including a spring fling, cook-outs, a Valentine dance and talent shows, and team experiences. Popular outings included trips to Sea Breeze Amusement Park, the Cave of the Winds in Niagara Falls, Cumming Nature Center, concerts at Charlotte Beach, the Strassenburgh Planetarium, Letchworth State Park, Hamlin Beach State Park, Rochester Rhinos soccer games, the Humane Society at Lollypop Farm, the Rochester Public Market, community clean-ups, apple picking at Whittier Fruit Farm, numerous festivals, fishing and hiking trips and picnics. Attendees also participated in the annual Brian Salerno Memorial Basketball and Bill Smouse Memorial Softball Tournaments.

DePaul's Recreation Program also offers a day program two days per week, providing consumers with small group activities, games, crafts, sports, outings and team experiences. An average of 40 people attend per session.





# DePaul Addiction Prevention and Support Programs

## National Council on Alcoholism and Drug Dependence – Rochester Area (NCADD-RA)

**T**he National Council on Alcoholism and Drug Dependence – Rochester Area (NCADD-RA) works to reduce the impact of alcohol, other drugs and problem gambling by providing information, education, support and referral services to individuals, families and the community. In 2014, the program directly reached 5,248 youth and

adults through presentations, health fairs, community networks and coalitions, and contact for information and referral. Over 20,000 people were reached through indirect venues including the distribution of newsletters, fact sheets and directories. Nearly 800 people were reached through professional trainings and over two million media impressions were made during four

campaigns covering Fetal Alcohol Spectrum Disorder, underage drinking, prescription/over-the-counter drug abuse and problem gambling. Finally, nearly 6,000 were served by the **Finger Lakes Prevention Resource Center**, where staff worked with 17 regional coalitions, seven in Monroe County.

The annual luncheon featured keynote speaker Kevin Sabet, Ph.D., who presented on the “Seven Great Myths About Marijuana,” while social media gambling and video lottery terminals were the subject of a

- *Addictions Counselor Credential Training*
- *Community Education for Adults and Youth*
- *Finger Lakes Prevention Resource Center*
- *Hispanic Prevention/Education Program*
- *Professional Continuing Education*
- *Total Approach Family Program*

highly-attended regional problem gambling conference.

At the invitation of Senator Joseph Robach and Senator Phillip Boyle, Chairperson of the Senate Drug and Alcohol Committee, an NCADD-RA representative offered testimony and follow-up recommendations at the New York State Senate’s Heroin and Opioid Forum, one of multiple forums held in regions across the state.

Offerings were expanded in the evidence-based **LifeSkills Training** program for elementary, middle and high school youth involving multiple schools and community groups in Rochester and Monroe County through the Rochester City School District Bilingual Program and Monroe County Foster Care, among others.

NCADD-RA also received two mini-grants from the New York Council on Problem Gambling including the Parent Outreach Project, which is in its third year, and new in 2014, the Youth Media Literacy Project.



## NCADD-RA *Making a Difference*

*“I learned more about what drugs can do to you and learned drugs are never the way out of things for me and my family.”*

**Participant, Total Approach Family Program, LifeSkills Training**

*“Overall, I love the content of the LifeSkills Training program. I think it is important to get these themed workshops in at an early age to have the most impact on the 9-12 year old population. This has become a springboard for me as a facilitator to continue these conversations after the sessions are over.”*

**After School Program Coordinator, Regarding the Hispanic Prevention/Education Program, LifeSkills Training**



*“Wonderful presentation! Presenter did a great job of sharing helpful information and providing ideas. I feel so inspired to go back to work on Monday with these new ideas and renewed passion.”*

**Workshop Participant**

*“Throughout every step, HPDICE sought out and appreciated the guidance and advice of NCADD-RA’s Finger Lakes Prevention Resource Center. This team consistently shows their eagerness to lend a hand at any hour of the day, including many that took place after the 8:00 a.m. - 5:00 p.m. work hours when the HPDICE Chair was available to work on the Coalition activities outside of her daily work schedule.”*

**Laurie Polatas, Chair, Hilton-Parma Drug Intervention & Community Education Coalition**





# ALL OF US!



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# DePaul by the Numbers – 2014

## DePaul Program Beds

### Senior Living Communities

New York	584
North Carolina	1,084
South Carolina	61

### Mental Health Residential Programs

Non-licensed Housing	452
Single Room Occupancy Programs	575
Supervised Community Residences	62
Treatment Apartments	278

Affordable Housing 97

Founded  
in 1958

Completed **4,895** audits and **3,056**  
utilization reviews.

Hosted **760** trainings for staff members  
with **4,884** attendees

*Affordable Housing*

*Addiction Prevention and Support*

*Mental Health Residential,  
Treatment and Support Programs*

*Senior Living*

*Vocational Programs*

**1,094** full-time employees and  
**524** part-time employees

**436** people served by DePaul PROS



**2,387,715** media impressions  
for NCADD-RA awareness campaigns

Directly served **5,248** through  
NCADD-RA's programs

**36,500** activities for our seniors

Received **3.5** million emails with **2.1** million  
filtered out as SPAM

**350,000** emails sent by DePaul employees

Received **4,250** IT Help Desk tickets

Services in **20** counties  
spanning three states

**254,933**  
reached on  
Facebook



Recreation activities attracted

**9,408** attendees

Over **5,000** served  
at DePaul





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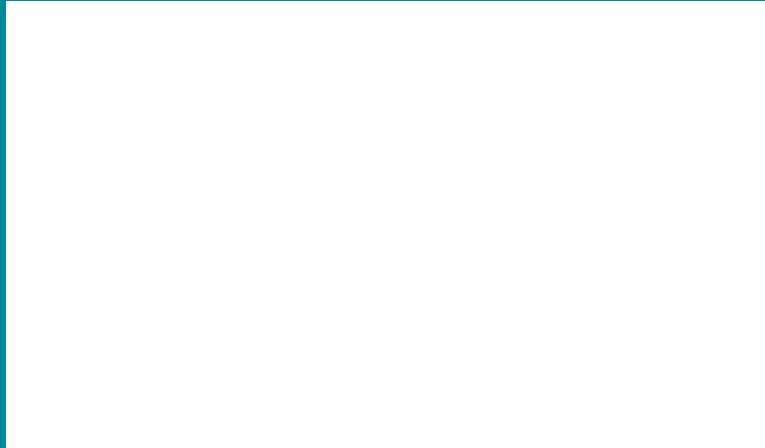
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