



DEPAUL

Details

Fall 2016 Volume XXII Edition III



Trolley Station Apartments

DePaul joined with city, state, public and private partners to celebrate the opening of the DePaul Trolley Station Apartments at an open house and presentation on September 15 for the 48-unit community in Canandaigua, New York serving income-eligible tenants. The new apartments fill a critical need for affordable housing, and also offer on-site supports to accommodate tenants with mental health needs, providing linkages to services in the community.

"The Trolley Station Apartments will provide some of our most vulnerable New Yorkers in the Finger Lakes a chance to live a life of dignity and independence," said Governor Cuomo. "The completion of this project brings us one step closer to ensuring that every New Yorker has the opportunity to have a safe, decent and affordable place to call home."

The new, two-story 49,000 square foot building represents an almost \$15 million investment in the town of Canandaigua. The New York State Office of Mental Health provided a \$150,000 Program Development grant, approximately \$2.5 million in interest-free construction financing, and over \$300,000 in funding to support annual service and operation expenses. Additional support was provided by New York State Homes and Community Renewal with \$441,657 in Low Income Housing Tax Credits.

The affordable housing project also received \$6.5 million in tax-exempt bond financing from the New York State Housing Finance



An exterior view of DePaul's Trolley Station Apartments, a 48-unit community in Canandaigua, New York serving income-eligible tenants and offering on-site supports to accommodate tenants with mental health needs.



A glimpse inside DePaul's Trolley Station Apartments, a 48-unit community in Canandaigua, New York serving income-eligible tenants and offering on-site supports to accommodate tenants with mental health needs.

Agency, with an additional \$3.25 million Medicaid Redesign Team subsidy, a \$152,200 incentive from NYSEDA for compliance of standards with the Energy Star Certified Homes Program, and a \$4.2 million equity investment from First Sterling Financial, Inc.

The DePaul Trolley Station Apartments were made possible through collaboration among partners including Christa Construction, DePaul, First Sterling Financial, Inc., JPMorgan Chase Bank, N.A., Ontario County Department of Mental Health, New York State Homes and Community Renewal, New York State Office of Mental Health, State of New York Mortgage Agency, SWBR Architects and the Town of Canandaigua.

"DePaul is pleased to be a community partner in meeting the need for quality affordable housing options in Canandaigua

and throughout New York State," said DePaul President Mark H. Fuller. "We wish to thank Governor Cuomo and the State for providing DePaul with the funding that has made this project a reality. We are so proud to be part of the Canandaigua community. The DePaul Trolley Station Apartments are an example of progress and partnership in action."

Each one- and two-bedroom apartment features a fully-equipped kitchen with a range, refrigerator and microwave, and a wall-mounted flat screen TV including basic cable service. Heat,

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Trolley Station Apartments Open House

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hot water and electric are included in the rent and community laundry facilities are available on each floor at no cost. There is also individually-controlled heat and air conditioning as well as off-street parking. The entire building is Wi-Fi accessible. There is a secure storage area for each tenant, in addition to a lounge on each floor and a community room. The building is 100 percent smoke free. On-site housing specialists are available to provide optional case management. Applicants must meet the eligibility requirements set forth by the Low Income Housing Tax Credit Program. Income and occupancy requirements apply.

The development incorporates “green” standards, including using Energy Star rated appliances and lighting fixtures; low or no VOC paints, primers, adhesives and sealants; green label plus carpeting and high-efficiency furnaces and condensing units for heating and cooling. In addition, the Trolley Station Apartments are certified to Version 3.0 (Rev. 07) of the Energy Star for Homes program and the New York State Energy Research and Development Authority (NYSERDA) Low Rise Residential New Construction program standards for additional long-term energy savings to the project. The project also includes photovoltaic solar panels that will decrease the demand for grid-based electrical usage for Trolley Station.

To offset the cost of panel installation, NYSERDA provided \$33,350 in funding through the NY-Sun program. The project also received \$119,946 in New York State Solar Tax Credits. The solar panels are expected to save more than \$16,000 annually by providing the housing development with 58 percent of its overall electricity consumption.

“It is a pleasure to see Trolley Station Apartments join tens of thousands of other homes and buildings in New York State that have added solar energy through Governor Cuomo’s NY-Sun initiative,” said New York State Energy Research and Development Authority President and CEO John B. Rhodes. “Solar energy protects the environment and creates jobs while supporting Governor Cuomo’s Reforming the Energy Vision, a strategy to build an energy system that is clean, resilient and affordable for all New Yorkers.”

“Trolley Station is a welcome addition to the wide array of services the Office of Mental Health supports in the Finger Lakes,” said New York State Office of Mental Health Commissioner Dr. Ann Sullivan. “Housing does make a difference. A secure environment with easily accessible behavioral health services can help put individuals on the road to recovery while allowing them to remain involved in the communities they love.”



Assistant Commissioner, Buffalo Regional Office of New York State Homes and Community Renewal, Leonard Skrill.



DePaul President Mark Fuller with Associate Commissioner for Adult Community Care, Division of Adult Services, New York State Office of Mental Health, Moira Tashjian.

“Affordable, supportive housing helps people succeed independently in their communities. Trolley Station joins other developments like Veterans for Canandaigua and Cadence Square that illustrate Governor Cuomo’s commitment to meeting a need for quality homes and services in the area, and HCR is happy to celebrate this new housing asset in the Finger Lakes,” said New York State Homes and Community Renewal Commissioner James S. Rubin.

“On behalf of the Canandaigua Town Board, it is a pleasure and an honor to welcome the Trolley Station Apartments to our community,” said Town of Canandaigua Supervisor Pamela Helming. “DePaul has done a tremendous job building quality, affordable, and community-focused apartments. As the Town of Canandaigua continues to grow, these apartments will undoubtedly be in high demand from people seeking a place to call home.”

“Safe, affordable housing options are limited across the county,” said Diane Johnston, Director, Ontario County Office of Mental Health. “We welcome DePaul and their additional housing opportunities for individuals in our community. The development has both one- and two-bedroom units for those meeting income requirements. For individuals with behavioral health concerns, additional supports to assist in coordination with local service providers will be available. We are pleased to partner with DePaul and welcome the agency to Ontario County.”



Town of Canandaigua Supervisor Pamela Helming.

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Looking Back on Trolley Travel

As it pulls into the station, the sunlight glints off trolley car No. 157. A rich olive green adorned with gold lettering numbers and striping, and varnished mahogany-framed opal glass panes, the car appears in all its glory in a composite image created by photographer Janet Cruz and graphic artist Benson Pearson which serves as one of the pieces of art at DePaul's Trolley Station Apartments, a 48-unit community in Canandaigua, New York which opened in September.

"The name Trolley Station pays homage to the site's former use as a stop on a trolley line designed to transport employees to a large orphanage built in Canandaigua to serve children who were displaced or orphaned after the Civil War," said Vice President of DePaul Properties Inc. Gillian Conde. "To bring the trolley outside again, placing it at an actual stop original to the area, makes it an exciting piece which is important for both DePaul and the New York Transportation Museum which has painstakingly



A composite image of historic Trolley car No. 157 created by photographer Janet Cruz and graphic artist Benson Pearson serves as a centerpiece at DePaul's Trolley Station Apartments, a 48-unit community in Canandaigua, New York.

restored the trolley and recognizes its importance to our area's history. Janet and Benson have done an outstanding job on so many levels combining powerful images and using computer artistry to capture this important story."

Conde said the historic imagery of car No. 157 adds a powerful statement to a beautiful building.

"Our design partner SWBR does an outstanding job creating interior space that is physically bright and attractive that also flows and supports

tenants, guests and community," said Conde. "We provide needed, beautiful, quality housing to be proud of while recognizing the local community of which we are a part. We believe it brings depth to our building to incorporate local history into our designs."

For the full story, visit DePaul's Blog at <https://www.depaul.org/blog/>.

Open House

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"First Sterling is delighted to be partnering again with DePaul Properties. Trolley Station Apartments is our third investment with DePaul," said Victor Sostar, Executive Vice President at First Sterling Financial, Inc. "With each new project, DePaul continues to 'raise the bar' defining quality affordable housing. DePaul takes a holistic approach to housing individuals with special needs by providing a full range of services to its residents. The organization has been a pioneer in the use of federal and state subsidies to combine quality housing with specialized services to populations in need."

"JPMorgan Chase is committed to the success of the communities in which we live and work," said David Walsh, Northeast Division Manager of Community Development Banking for JPMorgan Chase. "The Trolley Station Apartments will provide affordable housing and support to its tenants, which is a need here in Canandaigua. We're proud to support a project that will have such a positive impact on a community that is very important to us."

Speakers at the event included DePaul President Mark H.



From left to right, Melissa O'Geen, Melissa DeLavern and Alicia LoMaglio, of DePaul.

Fuller; Pamela Helming, Supervisor, Town of Canandaigua; Diane Johnston, Director, Ontario County Office of Mental Health; Moira Tashjian, Associate Commissioner for Adult Community Care, Division of Adult Services, New York State Office of Mental Health; Leonard Skrill, Assistant Commissioner, Buffalo Regional Office of New York State Homes and Community Renewal; Victor Sostar, Executive Vice President at First Sterling Financial, Inc. and David Walsh, Northeast Division Manager, Community Development Banking at JPMorgan Chase.

Responding to the Rise in Heroin and Prescription Pain Medications

In response to the ongoing rise in heroin abuse and prescription pain medication misuse as well as rising numbers of overdoses in our community, DePaul's National Council on Alcoholism and Drug Dependence-Rochester Area (NCADD-RA) brought together individuals from multiple sectors to create the Monroe County Opioid Task Force. During bimonthly meetings, local and state data have been reviewed, assets and barriers specific to the opioid epidemic have been identified, and a mission and set of goals have been established.

There have been several successes that include the passage of the NYS Comprehensive Opioid Legislation package and the federal passage of the Comprehensive Addiction and Recovery Act. The Monroe County Opioid Task Force seeks a comprehensive multi-sector response with approaches that include prevention education, treatment, recovery, and enforcement strategies. The goals include access to services equal to that of other diseases, immediate access to treatment as well as after-care and wrap-around services, access to Narcan to reverse opioid overdoses, access to prevention education services, clear processes for low-level crime referrals to treatment, and access to medications to support treatment and recovery.

Progress is underway and resources have been created that include the "Treatment Availability Dashboard" found at the New York State Office of Alcoholism and Substance Abuse Services (OASAS) website at www.oasas.ny.gov; a series of NYS OASAS YouTube videos (Navigating the Substance Use Disorder System of Care Series) found at www.oasas.ny.gov/treatment; and the resource-rich Combat Heroin website at www.combatheroin.ny.gov.

The Monroe County Opioid Task Force continues to move forward to ensure that individuals and families impacted by the disease of addiction will have full and complete access to services equal to that of other diseases. The task force seeks to remove the stigma surrounding the disease of addiction. Prevention education efforts, with requests to NCADD-RA for education on opioids, are at an all-time high. To request more information or schedule a presentation contact Jennifer Faringer at jfaringer@depaul.org.



Jennifer Faringer, MS. Ed., CPPg
Director, DePaul's National Council on Alcoholism and Drug Dependence-Rochester Area

Black and White Ball



King and Queen

Kyle R. and Michelle M. (Elmgrove)



Best Dancer
Xavierre Q.
(Elmgrove)



Best Dressed Female
Patricia A. (Rochester View Apartments),
pictured with Activities Coordinators
Laureenne LaVictoire and Austin Pettigrew.



Best Dressed Male
Lamar C. (Elmgrove)

Clients of DePaul's mental health residential programs in Rochester, New York enjoyed "A Night in Paris" during the fourth Annual Black and White Ball in August. DePaul's City Center Cafe was transformed into a ballroom and guests enjoyed an authentic French-themed menu of chicken cordon bleu, potato tarts, ratatouille and baguettes, complete with cupcakes and mini-French whipped cheese cakes for dessert. Prizes were awarded for Best Dressed, Best Dancer, King and Queen of the Ball, and there were raffles for donated gift cards.

NOTA's Julia W. Comes Full Circle

On August 31, Julia W. of DePaul's Neighborhood of the Arts (NOTA) Apartment Treatment Program in Rochester, New York, cracked the books on a new chapter in life as a part-time graduate student in a Masters of Public Health program at the University of Rochester. It's a dream that the 35-year-old Webster, New York native has put on hold for many years as she learned to manage and live successfully with depression.

"It wasn't really a surprise because hindsight is 20/20," Julia said of her diagnosis. "It had been percolating for a long time."

Diagnosed in 2000 at the age of 19 during her junior year of college, Julia graduated with her bachelor's degree in nursing from the State University of New York at Brockport in 2004. Following graduation, she worked in the pediatric intensive care unit at Strong Memorial Hospital, in medical oncology at Rochester General Hospital and in quality assurance and management at Planned Parenthood.

The final blow came in 2007 when she was served a foreclosure notice on her house. After a suicide attempt, Julia said she wound up at home with her parents where she spun her wheels for a few years, seeking support from a day program. After a second suicide attempt in 2011, she began to formulate a plan to move out on her own. She moved to NOTA in 2012.

"Everything happens for a reason, so although that was a terrible experience and I wouldn't want to do it again, it got me here," she said of DePaul's NOTA Apartments. "DePaul is awesome in that it has given me the tools with which to put my life back together."

With her diagnosis under control, Julia has begun pursuing the goal of returning to college for her master's degree. She started with online courses and then applied to the University of Rochester's Masters of Public Health program in the spring.

She received her acceptance letter on May 11, "the day that shall live in infamy" as she refers to it.

"It was one of the greatest moments of my life right there," she said of being one of 12 students accepted into the program.

Residential Counselor Meagan Licata said Julia inspires her every day and she considers herself very fortunate to work with her.

"Julia has worked to fight her demons every day with tenacity and determination, and despite how much effort that takes every day, she has accomplished goals that are lofty for people without those obstacles," said Licata. "Her dedication to her craft and her passions have been instrumental in her recovery."



Julia said she hasn't felt suicidal in five years thanks to her stable housing, support network and medication.

"The medicines don't make you better. They don't make you happy," she said. "It gives you a stable platform to build on. It's up to me to do the hard work. Learning to sit with those uncomfortable feelings is part of what you have to do. It's life."

Julia also finds solace in singing with the Rochester Oratorio Society and the Rochester Women's Community Chorus. A soprano, Julia sings a wide variety of music, including pop, Broadway, and more traditional works, but classical music remains her favorite. She's been studying voice with Allyn VanDusen for two years now.

While she's struggled with self-esteem, Julia says, singing gives her confidence. She is excited to become a student again, and also nervous because of the work load and student loans.

"There's always the fear of what if I can't do it, but I'm not going to find out unless I try, and I think I can," she said. "One thing I've learned over the years is life is not linear. We go around in circles. We go back and forth, but eventually we will get ahead I hope!"

For the full story, visit the DePaul Blog at <https://www.depaul.org/blog/>.

News in Brief



McKinley Square Renovations

Renovations were recently completed at McKinley Square, a DePaul Community Residence/Single Room Occupancy Program in Buffalo, New York. The community received fresh paint in the lobby, upper and lower dining rooms. A two-sided fireplace replaces an aquarium in the lobby. New flooring was installed in the upper and lower dining rooms as well as a portion of the first floor hallway.

"Environment is integral to recovery and DePaul is committed to maintaining the highest quality of care and consistent standards within our communities," said President Mark Fuller.



DePaul's *Annual Giving Appeal*

Our agency has grown to serve over 5,000 people annually in programs that encompass mental health residential and treatment services, senior living residential services, addiction prevention and support programs, vocational programs and affordable housing. In all of our endeavors, we are proud to help people go beyond what they once thought possible. When you receive the DePaul Annual Giving Appeal later this year, please consider a gift that will help DePaul continue caring for those we serve. Every time we make a difference, every life we change for the better, every achievement great or small is a triumph. For more information on making a donation, contact Marcia Dlutek at (585) 426-8000 or mdlutek@depaul.org.

DePaul Seeks Holiday Helpers

You can make a difference for a client in DePaul's mental health residential program in need this holiday season by becoming a Holiday Helper! Sign up and you'll be matched with a holiday wish that includes the individual's gender, age and size if appropriate. You can also donate generic items such as hats, gloves, scarves and socks for adults, or personal care items. Past wish lists have included requests as simple as a piece of chocolate cake, cat toys or socks. For more information about how you, your family, place of worship, club or workplace can adopt someone in need, contact Amy Cavalier at (585) 719-3102 or acavalier@depaul.org.



Rochester View Apartments Recognized

DePaul's Rochester View Apartments (RVA) in Henrietta, New York has been announced as a finalist for Affordable Housing Finance's 2016 Readers' Choice Awards. Serving income-eligible tenants and offering enhanced supports that accommodate income-eligible tenants who may be Deaf, hard of hearing and those using American Sign Language (ASL), RVA is one of the five finalists in the Special-Needs Category, selected from over 87 nominees, based on their impact on their community, creative problem solving, sustainable and inventive design, and innovative financing. Winners will be honored at the 2016 Affordable Housing Developers Summit in Chicago in November.

Smiling Faces and Sticky Fingers

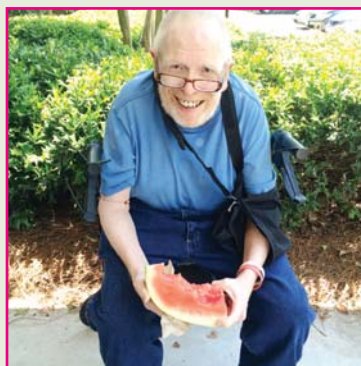
With or without seeds; grilled or fresh; eaten with a fork or with your hands, Americans love their watermelon! Several DePaul Senior Living Communities have been celebrating the fruit of summer with smiling faces and sticky fingers.



Residents at Woodridge, a DePaul Senior Living Community in Monroe, North Carolina, celebrated National Watermelon Day in August with some fun crafts and tasty slices! Pictured here are Woodridge residents Wortha Jackson, Jacquelyn Massey, Chloe Phillips, Nancy Snyder, Gloria King, and Activities Director Brittany Plyler.



Residents at Cambridge House, a DePaul Senior Living Community in Hildebran, North Carolina, enjoyed a watermelon social and a visit from Becki the Balloon Lady! Pictured here are residents Joie Dayberry and Barbara McCarthy.



Pictured here, Southfork residents Frank Perkins and Frances Higgins enjoy kicking back on the porch with some watermelon in Winston-Salem, North Carolina!

Wheatfield Commons Coming Fall 2017

Construction on Wheatfield Commons, a 114-bed DePaul Senior Living Community is currently underway in Wheatfield, New York. The 55,000-square-foot senior living community is scheduled for completion in the fall of 2017.

"We look forward to playing a vital role in the lives of seniors and their families in Niagara County and providing the very highest quality services to those who will be in our care," said DePaul President Mark Fuller.

Wheatfield Commons will be a country-style community with dormered windows, French doors and a covered porch featuring fully-furnished private or semi-private accommodations. Residents will enjoy spacious bedrooms and suites along with common lounges, dining rooms, activity areas and ready access to a doctor's office and staff support areas.



In addition to Wheatfield Commons, DePaul currently cares for seniors at four senior living communities in New York State, 11 in North Carolina and one in South Carolina. For more information on Wheatfield Commons, visit <https://www.depaul.org/locations/wheatfield-commons/>, follow us on Facebook at www.facebook.com/wheatfieldcommons or send an email to wheatfieldinfo@depaul.org.



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DePaul Welcomes Prestwick Village



Prestwick Village, a 100-bed senior living community in Laurinburg, North Carolina, joined the DePaul Senior Living Communities family in October. With a commitment to enhancing the quality of life for its residents, Prestwick Village provides the comforts of home and personal care services in a supportive environment that promotes independence. Staff work closely with residents and family members to develop a personalized approach to delivering support and services which appropriately meet each resident's needs.

Located in Scotland County and licensed by the North Carolina Department of Health and Human Services, Prestwick Village provides affordable, all-inclusive services in private and semi-private accommodations. Amenities include 24-hour access to staff, three nutritious meals approved by a registered dietician and snacks, medication assistance and assistance with the activities of daily living, as needed. Prestwick Village offers a full schedule of

life-enriching activities, outings, events and worship services, and a beauty/barbershop on the premises. Services such as housekeeping and laundry are available.

DePaul currently provides care at 11 senior living communities in North Carolina, one in South Carolina and four in New York State. For more information about Prestwick Village, please visit the DePaul website at www.depaul.org.

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DePaul is a not-for-profit organization that provides senior living residential services, mental health residential and treatment programs, addiction prevention and support services, vocational services and affordable housing. To receive DePaul Details electronically, please provide your name and e-mail address to Lynette Wilson-Cox at lcx@depaul.org in DePaul's Communications Department.

Please direct comments to the Communications Department at communications@depaul.org or call (585) 426-8000. Visit our website at www.depaul.org.

