



## Apartment Treatment Programs

Apartment treatment programs provide consumers with the highest level of independence in a program licensed by the New York State Office of Mental Health. The programs are designed to be a preparatory step before the consumer begins to live independently within the community. An emphasis is placed on increasing personal initiative and self-reliance. Staff make routine visits and are available 24-hours a day in case of an emergency. If needed, we are able to supervise each dosage of medication for individual. For more information about Apartment Treatment Programs: <https://www.depaul.org/mental-health-residential/apartment-treatment-programs/>

## Community Residence-Single Room Occupancy (CR-SRO)

Community Residence-Single Room Occupancy (CR-SRO) Programs provide housing in a service-enriched, recovery-oriented setting to adults with a psychiatric disability. The programs are licensed by the New York State Office of Mental Health and have a residential atmosphere with individual bedrooms, inviting common areas and outdoor courtyards. Other services include 24-hour staffing, daily living skills training, crisis management, medication management; linkages to medical and dental care and health education services; social/recreational assistance, and vocational/educational services among others. If needed, we are able to supervise each dosage of medication for individual. For more information about CR-SRO's: <https://www.depaul.org/mental-health-residential/community-residence-single-room-occupancy-programs/>

## Licensed Congregate Treatment Sites

OMH Licensed Congregate Treatment Sites, formerly known as Community Residence, provide a comprehensive level of staff support, while encouraging independence, in a program licensed by the New York State Office of Mental Health. The program is sometimes the entry point to all certified programs and provides 24-hour on-site staffing, meals, support, advocacy and recovery-oriented services. To further enhance self-esteem and growth, an emphasis is placed on consumer involvement in activities outside the residential setting including vocational programs, school, and competitive- and non-competitive employment. If needed, we are able to supervise each dosage of medication for individual. For more information about Licensed Congregate Treatment Sites: <https://www.depaul.org/mental-health-residential/licensed-congregate-treatment-sites/>



## **Who can make a referral to a DePaul residential mental health program?**

DePaul is part of community-wide mental health treatment and rehabilitation systems in the counties in which we have a presence. Individuals must be actively involved in treatment to be considered for residency in a DePaul residential mental health program. Referrals are typically made by a treatment professional including psychiatrists, therapists, or social workers from a hospital-based inpatient mental health facility or outpatient program but families and potential residents can also begin the referral process.

## **Do families and clients participate in the referral process?**

Families and clients are encouraged to be active participants in making this important decision. Both are encouraged to learn more about DePaul's services, program expectations, and sites to see how each best match the interests of the client prior to a formal referral. DePaul may be recommended by a community service provider, however the client needs to make the commitment to entering and engaging in the program. It's therefore vital that the client visit the program and meet with staff members and other clients so they may make an informed decision.

## **How do you pay for residential mental health services?**

At DePaul, residential mental health services are paid by government funding through client fees from County Department of Social Services, Social Security, and for some programs, Medicaid. Employed clients pay a fee based on their monthly income. Families who have assumed financial responsibility for their relative receiving services pay a fee based on their individual circumstances.

Referrals are made through Monroe County SPOA.

The application is available at <https://www2.monroecounty.gov/mh-adult-spoa-referrals>

If you know of someone who would benefit from placement and have further questions about our services, please contact Yvonne Adams: [yadams@depaul.org](mailto:yadams@depaul.org)