



DEPAUL

DETAILS

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Fresh Look for Senior Living Communities

Residents, families and staff are enjoying the new decor in several DePaul Senior Living Communities. Four communities in North Carolina were recently remodeled and their memory care capacity increased to better serve those with Alzheimer's disease and other forms of dementia.

"We're excited to provide expanded programming and we look forward to serving residents and the community by offering affordable, quality care," said Paul Preston, DePaul Vice President.

- Ashe Gardens, a 60-bed community in Burgaw, North Carolina, is now remodeled and solely dedicated to the care of seniors with Alzheimer's disease and other forms of dementia. A ribbon-cutting ceremony was held on May 31.



Ashe Gardens

- An 80-bed community located in Wallace, North Carolina, Dayspring of Wallace converted 30 assisted living beds to memory care beds and underwent renovation.
- Renovations and the conversion of 30 assisted living beds to memory care beds have begun at Chatham Commons in Cary, North Carolina. Two separate additions are being constructed with completion anticipated this summer.
- Greenbrier in Fairmont, North Carolina recently completed a renovation which included the conversion of 12 assisted living beds to memory care beds, bringing the total to 48. A ribbon-cutting ceremony was held on May 22.



Dayspring of Wallace

Regional Director Barbara Rauch said the aesthetic improvements at Dayspring of Wallace, acquired along with Ashe Gardens in March 2011, have given staff and residents a fresh start.

"The DePaul name is new to our community and to see a building that's been updated and renovated just speaks volumes about the commitment we've made to the Wallace community as far as quality of care and an enhanced living environment," she said.

All four communities received aesthetic updates including earth-tone color schemes, wood floors, decorative fireplaces, new furniture and flat screen televisions in gathering areas. Many private bedrooms were updated as well.

In New York, renovations at Glenwell in Cheektowaga and Woodcrest Commons in Henrietta have been completed. Both communities received updated flooring, paint, artwork and new furnishings in the lobby among other improvements. Administrator Kathi Crowley said Glenwell looks brighter and more attractive than ever.



Glenwell

"You've got to keep the building fresh to better serve our current residents and to attract new residents and families," she said. "Our residents deserve the best."

The activity room, media room and lounges were updated at Woodcrest Commons and flat screen televisions were added.

"Everybody loves the results," said Administrator Maryellen Borer. "Residents and families appreciate the new look and visitors are impressed as well."



Dayspring of Wallace resident Margaret Smith puts the finishing touches on a birdhouse with the help of young volunteer Abigail R. in Ashe Gardens newly-renovated activities room.

WorkGuide Scores Big Win with Rochester Rhinos Partnership

If you've ever had a positive experience at a Rochester Rhinos soccer game at Sahlen's Stadium, you may have a DePaul WorkGuide client to thank. Over the past three years, close to a dozen WorkGuide clients have found part-time work through the Rochester Rhinos Soccer Club Stadium and Event Operations Department. Director Carl Palmieri says the soccer club has benefited from reliable and trustworthy DePaul WorkGuide clients who contribute to the overall cleanliness of the stadium as well as positive game-day guest relations.

"From the late-night cleaner to the friendly face in the parking lot directing traffic and answering guests' questions, we have developed an excellent customer service atmosphere thanks to many great DePaul employees," Palmieri says.

In October 2011, the Rochester Rhinos Soccer Club's partnership with DePaul WorkGuide clients was recognized by the Rochester Area Employment Network (RAEN) with a National Disability Employment Awareness Month Award.

Sal Mongiovi, a Vocational Counselor with DePaul WorkGuide, nominated the Rochester Rhinos for the award. Mongiovi says Palmieri and the Rhinos staff have been very flexible with employees' work schedules and responsibilities, and have worked hand-in-hand with WorkGuide staff encouraging clients to reach their maximum productivity and performance on the job.

"Carl, Zoe (Gallagher) and the Rhinos staff have consistently been interested and motivated to partner with WorkGuide to recruit and employ individuals with disabilities," said Mongiovi. "They have gone above and beyond in exploring options and accommodations for their employees to be as successful as possible during their employment with the Rochester Rhinos Soccer Club."

The Rhinos employed five WorkGuide clients in 2010 and again in 2011. Palmieri said he utilizes WorkGuide clients in staffing the parking lots, assisting with traffic-flow logistics, and helping spectators navigate to the correct gates in the stadium. Several of those clients have since obtained full-time employment and some have even retained their part-time position with the Rhinos as a second job.

WorkGuide client Fabio Tata, 35, began working with the Rochester Rhinos over three years ago.

"I work in the club parking lot, directing people where to park,"



WorkGuide Making a Difference

- In 2011, DePaul's WorkGuide placed 89 people in competitive employment.
- Clients secured a wide variety of positions from entry-level jobs to professional careers with pay rates from minimum wage to \$19.00 per hour.
- Some Rochester-area businesses that support WorkGuide include Marriott, Applebee's, St. John Fisher College, the University of Rochester, The Sutherland Group, the city of Rochester and Harris Communications.

he said. "It's very simple and low key. It's not very stressful. That's what I'm looking for."

Tata's employment with the Rhinos led to a part-time job with the Rochester Americans hockey team. Between the two sports teams, Tata estimates he works 25 to 30 hours a week.

"It teaches me to work with people as it gets busy," he said. "The parking lot gets crowded at times. I do my job and I like the outcome of it."

And he loves working with people.

"I meet someone new every day," he said. "That's the best thing. I love my job."

NCADD-RA Celebrates 66 Years



Kevin McCauley, M.D., and Jennifer Faringer

DePaul's National Council on Alcoholism and Drug Dependence-Rochester Area celebrated 66 years of providing prevention education services in Rochester and Monroe County during its annual luncheon on Friday, May 4.

Keynote speaker Kevin T. McCauley, M.D., co-founder of the Institute for Addiction Study and co-director of LeMont Michel, a recovery management/sober living program in Sandy, Utah,

delivered a poignant message on addiction and the hope of recovery with clips from his video essay, "Pleasure Unwoven: An Update on the Neuroscience of Addiction."

The NCADD-RA also recognized several individuals with awards at the annual event.

- Patrick Seche, Clinical Coordinator of Addiction Psychiatry Services at the University of Rochester Medical Center, received the Charlotte C. Hegedus Community Excellence Award.



- A clinician and advocate in the behavioral health addiction services field for 23 years, Stephanie Dawson was awarded the Helen Guthrie Memorial Youth Advocate of the Year.
- Evan Dawson, morning anchor at 13 WHAM, was presented with the Community Collaboration Award for his collaborative work with NCADD-RA on the 30-minute prime-time special "A Dangerous New High" which explores the risks of synthetic drugs of abuse.

Over 120 professionals from a wide variety of sectors including chemical dependence prevention and treatment, area schools and universities, coalitions, mental health and disabilities professionals, representatives from the media and supporters were among those in attendance.

NCADD-RA Director Named Problem Gambling Prevention Practitioner of the Year

Director of DePaul's National Council on Alcoholism and Drug Dependence-Rochester Area, Jennifer Faringer, was recognized by the New York State Council on Problem Gambling in Albany on May 10 for her work on problem gambling. Faringer received the Problem Gambling Prevention Practitioner of the Year Award from the New York State Office of Alcoholism and Substance Abuse Services (OASAS) in the fall of 2011.

In addition to her support and dedication to NCADD-RA's Problem Gambling Program, Faringer was the driving force behind adding problem gambling to the mission of Councils on Addictions of New York State, according to the New York Council on Problem Gambling.

"Despite a loss of funding for her program, Jennifer has continued to push the issue of problem gambling forward in her community and statewide," according to the nomination.



DePaul Gives Back

Residents and staff at Ashe Gardens in Burgaw, North Carolina donated 59 baskets to youth in the Pender County Department of Social Services system on April 1. Residents Clara Caison and Eunice Rogers helped prepare the baskets which were filled with candy, a stuffed animal and Easter- and spring-themed wrist bands. Tyshea Harris, Adoption/Foster Home Licensing Social Worker for the Pender County Department of Social Services, said the baskets were distributed to children who are currently residing with relatives, in foster homes or group homes.

Mental Health Awareness Month



Inspiring Healthy Hearts and Minds

DePaul Mental Health Services has been selected by the National Alliance for the Mentally Ill (NAMI) to participate in a pilot program aimed at helping individuals with a mental illness take a proactive approach to body and mind wellness. Hearts and Minds is a six-week online, interactive and educational initiative being offered for the first time.

“DePaul is a forward thinker when it comes to supporting the individuals that reside within their communities,” said NAMI facilitator Donna Leigh-Estes.

About 20 DePaul consumers met once a week to learn more about eating healthy, exercise, negative impacts of substance abuse, healthy ways to handle stress, and other ways to advocate for their own health. In addition to weekly meetings, the program includes online resources available at www.nami.org.

“The hope is that folks will commit to come for six weeks and set a health goal for themselves — increasing activity, quitting smoking, or perhaps improving their diet,” said Deb White, a program director with DePaul.

Amy S., a DePaul consumer participating in Hearts and Minds, said she was hoping to learn more about watching her diet and eating healthier from the program.

“I’ve been trying to watch my cholesterol, but it’s hard because I’m on a fixed income and don’t always have access to low-cholesterol options, so that’s the challenge I face,” she said.

The Hearts and Minds program is peer-facilitated. Based on the program’s success, NAMI hopes to secure funding to offer the program to others living with mental illness in the Rochester area and beyond.



Activities Coordinator for DePaul’s Community Residences Lindsey Jackson serves healthy snacks to Edward M. and David K., both of Halstead Square, a DePaul Single Room Occupancy Program.

Major preventable risks for people living with mental illness:

- Smoking
- Obesity
- Diabetes or metabolic syndrome
- Elevated cholesterol
- High blood pressure



DePaul Celebrates

Wanda K., a resident of DePaul’s Ridgeview Commons Treatment Apartment Program, colors Easter eggs during a recreation event in April. DePaul’s Recreation Program is part of a holistic treatment approach that emphasizes the consumer’s well-being. Activities offered include sporting activities, group and team experiences, and holiday celebrations throughout the year.

Since 1949, the month of May has been dedicated to raising awareness of mental health conditions and mental wellness for all.

Changing the Social Stigma of Mental Illness

DePaul is partnering with the National Alliance for the Mentally Ill (NAMI) as a major sponsor of the 2012 Reel Mind Theater and Film Series. Running May 8 through June 26, the series addresses the social stigma of mental illness through art, cinema and theater events. Films are followed by a question and answer session with community psychiatrists, mental health consumers and visiting filmmakers.

“The goal is to educate the community – those folks who are not necessarily involved with the mental health community – and to provide a message of hope,” said Deb White, a program director with DePaul who is serving on the steering committee for the series.

“Metamorphosis,” an art show curated by the Creative Wellness Coalition, and a screening of “Crazy Art” a documentary about three talented artists with schizophrenia, kicked-off the series on May 8 at the Memorial Art Gallery in Rochester, NY. Work by the Creative Wellness Coalition is also currently on display at DePaul’s administrative headquarters on Buffalo Road in Rochester.

DePaul Community Services Executive Director/VP Chris Syracuse moderated a panel discussion following “Complaints of a Dutiful Daughter,” shown on May 22 at the Cinema Theater.



The series wraps up Tuesday, June 26 with “Search for Sanity,” a 1954 television special about advances in the treatment of mental illness which was filmed inside New York’s Hudson River Hospital. There will also be a preview of “Echo of the Past: The Terrance Tower,” a documentary currently being produced in Rochester. Both films will be shown at 7 p.m. at the Cinema Theater.

For a full schedule of events and ticket information, visit www.thereelmind.com.

Annual Salerno Tournament a Slam Dunk

More than 40 consumers from DePaul programs and East House enjoyed an afternoon of fun and basketball at the Eighth Annual Brian Salerno Memorial Basketball Tournament held in April. The tournament is named in memory of the late Brian Salerno who was a longtime supporter of DePaul and a member of its men’s basketball league.

Overall MVP for 2012 was Terry H. for displaying Brian’s spirit of sportsmanship, attitude and teamwork. The tournament, organized by DePaul Recreation Director Dan Charcholla, was a success thanks to its supporters, Brian’s wife Noreen Salerno, Joe Genier, and DePaul’s T-Shirt Factory.

“This tournament gives our clients lasting memories. Many refer to this experience as their very own ‘Final Four’ event,” Charcholla said.



Noreen Salerno, wife of the late Brian Salerno, with the 2012 Salerno Tournament MVP Terry H., and DePaul’s Director of Recreation and tournament organizer Dan Charcholla.



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DePaul Cares



Residents at Woodcrest Commons, a DePaul Senior Living Community in Henrietta, New York, recently donated \$175 to the Rochester-area American Heart Association with proceeds from the sale of homemade heart pins. The pins were sold to family, friends and visitors for one dollar each. Marc Natale, executive director of the Rochester-area American Heart Association, accepted the donation from Woodcrest Commons residents Richard and Betty Stockton.

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DePaul is a not-for-profit organization that provides senior living residential services, mental health residential and treatment programs, addiction prevention and support services, programs for those with developmental disabilities, vocational services and affordable housing. To receive DePaul Details electronically, please contact Lynette Wilson-Cox at lwilson-cox@depaul.org in DePaul's Communications Department and provide her with your name and e-mail address.

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