



DEPAUL

DETAILS

Spring/Summer 2015 Volume XXI Edition II



Sister Grace Miller and Gillian Conde

A Message from the President

Mental Health Month, celebrated in May, is an opportunity for people to raise awareness and eradicate stigma in an effort to proactively respond to and treat mental illness. In the case of other diseases such as cancer, heart disease or diabetes, people normally don't wait years to initiate treatment. In fact, we take proactive steps to prevent or reverse diseases, attempting to stop their progression. That is not always the case for individuals who are struggling with mental illness.

According to the National Alliance on Mental Illness (NAMI), one in four adults – approximately 61.5 million Americans – experiences mental illness in a given year. One in 17 – about 13.6 million – live with a serious mental illness such as schizophrenia, major depression or bipolar disorder. Approximately 20 percent of youth ages 13 to 18 experience severe mental disorders in a given year. For ages 8 to 15, the estimate is 13 percent. One-half of all chronic mental illness begins by the age of 14 and three-quarters by age 24. Despite effective treatment, there are long delays, sometimes decades, between the first appearance of symptoms and when people get help. To say the impact on individuals, families and society is significant is an enormous understatement.

In an effort to maintain increased awareness to the plight of those with a mental health diagnosis, DePaul recognized Mental Health Month with a special event at the Remember Garden, a living memorial to those who died while institutionalized at the Monroe County Insane Asylum, Almshouse and Penitentiary. In 1984, an unmarked mass grave was discovered at Highland Park in Rochester, New York. Those buried there died over a century

ago. No records were kept of the 800 individuals buried at the site.

In 2009, a group of community members led by Vice President, DePaul Properties, Inc. Gillian Conde, came together to plant a garden at the site of this grave. The garden serves as a living monument to the strides that have been made to remove the stigma that once surrounded mental illness and developmental disabilities.



Mary Lee Pifer



Michael Keene

At the May event, a plaque with a poem about the Remember Garden written by Mary Lee Pifer was installed and the piece recited by the poet. In addition, Michael Keene, author of "Mad House," which details the hidden histories of 19th century insane asylums in New York, shared stories of individuals who lived in these institutions. Sister Grace Miller of The House of Mercy concluded the event with a blessing for those buried at the site.

Early identification and intervention are key to treating mental health conditions. However, stigma and lack of knowledge are at times a hindrance to receiving treatment. Knowing the signs and taking action are vital. Today there are a wide variety of treatment options and supports that can provide life-changing results.

I hope you'll join DePaul in spreading the word and being part of the solution for those in our community.

Sincerely,

Mark H. Fuller, President



See profile of Anthony I. on Page 5



DEVELOPMENT UPDATES

Construction is progressing in West Seneca, New York on Ebenezer Square, a three-story building containing 100 one- and two-bedroom apartments all with kitchens and bathrooms for income-eligible tenants. DePaul will offer New York State Office of Mental Health – Single Room Occupancy support services within Ebenezer Square. Removal of the foundation of the former structure on the site has been ongoing with some of the concrete being reused in the new building. Work continues on underground drainage, foundations and the floor.



Pee Dee Gardens, a DePaul Senior Living Community in Florence, South Carolina, has completed a 12-bed expansion. In addition, the community received updated flooring, paint and ceiling fixtures in resident rooms, hallways and common areas, as well as updates to the beauty salon, sun porches, library, dining areas and parlor.

Work continues on upgrades and a new addition at Rolling Ridge, a DePaul Senior Living Community in Newton Grove, North Carolina. A total of 19 assisted living beds will be added to the existing facility, as well as 24 apartments to be built adjacent to the site, eight of which will be constructed in the first phase of the project. All resident rooms have been renovated with new paint and flooring. Bathrooms, laundry areas, the front porch and exterior of the community are also receiving fresh paint. The foundation and flooring for the new addition have been laid and ground has been broken on a new dining room expansion. The building will also receive a new sprinkler system and electrical upgrades.



Construction on the DePaul Rochester View Apartments, a 61-unit community in Rochester, New York serving income-eligible tenants and offering enhanced supports to accommodate tenants who may be deaf, hard of hearing or those using American Sign Language (ASL), is progressing on schedule for a Fall opening. Applications are now being accepted by



DePaul Properties, and two special VLOGs have been produced to help answer frequently asked questions. View both on DePaul's website at www.depaul.org.

Finally, new fireplaces are a welcome addition to the lobbies of Edgerton Square and Cornerstone, both DePaul Single Room Occupancy Programs in Rochester, New York.



HISTORIC PRESERVATION AWARDS

2015 EXCELSIOR AWARDS

DePaul was recognized for historic preservation efforts in Rochester and Buffalo with two awards. DePaul's Carriage Factory Apartments in Rochester, New York and Riverside Apartments in Buffalo, New York have been awarded 2015 Excelsior Awards by the American Institute of Architects, New York State (AIANYS).

In April, the New York State American Institute of Architects (AIA) presented SWBR Architects, a Rochester, New York-based firm, with two 2015 Excelsior Awards for Historic Preservation for their work on DePaul's Carriage Factory and Riverside Apartments. The Excelsior Award honors the best examples of public architecture, focusing on neighborhood transformation, urban revitalization, site planning, exterior and interior design and sustainability.

The five-story, 73,000 square-foot Cunningham Carriage Factory was one of the oldest manufacturing plants in Rochester, producing horse-drawn carriages, automobiles, ambulances, tanks and airplanes. DePaul has since converted the building into the 71-unit Carriage Factory Apartments which provide housing for income-eligible tenants and serve as a complement to ongoing revitalization of Rochester's Susan B. Anthony neighborhood.

Also recognized with a 2015 Excelsior Award were DePaul's Riverside Apartments, located in Buffalo's former School 60 which closed in 2002 after more than 100 years of service. After almost a decade of neglect, DePaul renovated the vacant four-story



CARRIAGE FACTORY APARTMENTS



DePaul President Mark Fuller, SWBR Architects Principal Joe Gibbons, Christa Construction CEO David Christa and Betts Housing Partners LLC President Christopher Betts accept the New York State Preservation League Award for Excellence in Historic Preservation for DePaul's Carriage Factory Apartments.



RIVERSIDE APARTMENTS

building into 68 apartments for income-eligible tenants.

Many historic elements were included in the redesign including a storied 1895 brick façade, a restored grand stairway, resident mailboxes surrounded in the slate from historic chalkboards, and a restored auditorium.



Betts Housing Partners LLC President Christopher Betts, SWBR Architects Principal Joe Gibbons, DePaul President Mark Fuller, SWBR Architects President/Principal Dave Beinetti, AIANYS President Timothy Boyland and SWBR Architects Project Architects Daniel Glading and Robert Fornataro accept the 2015 Excelsior Awards for DePaul's Carriage Factory and Riverside Apartments.

NEW YORK STATE PRESERVATION LEAGUE AWARD

The DePaul Carriage Factory Apartments were also recognized with a New York State Preservation League Award for Excellence in Historic Preservation.

Presented to DePaul in May, the Preservation League's statewide awards program honors notable achievements in retaining, promoting and reusing New York's historic resources. The rehabilitation of the the Carriage Factory Apartments restored many of the defining elements of the building, including exposed brick, natural light and original ceiling heights. The former atrium in the center of the building was restored to create a bright and welcoming community space.

"New York State has so many buildings that currently stand as symbols of the decline of upstate industry – success stories like this provide a positive model for other communities across the state," said Jay DiLorenzo, President of the Preservation League.

Board Update

DePaul welcomed three new board members to the DePaul Adult Care Communities Board of Directors – Dave DeLary, Gerald Scott and Megan Rogers.



Dave DeLary



Gerald Scott



Megan Rogers

A graduate of St. John Fisher College's Ronald L. Bittner School of Business, DeLary is a buyer for the Zeller Corporation where he works with nearly 100 suppliers - domestic and international - and is responsible for procuring production and distribution materials for five facilities. Prior to working with the Zeller Corporation, DeLary served as Quality and Continuous Improvement Manager at Norampac Industries.

Scott spent 34 years assisting non-profit corporations with selection, development, construction, funding and operation of hundreds of programs which provide services to individuals with disabilities. He received his undergraduate degree from the State University of New York at Geneseo and a Master's degree in Public Policy and Administration from the University of Buffalo. Scott is retired from the New York State Office of Mental Health.

A school psychologist in the Oakfield-Alabama Central School District and case manager with the Rochester Institute of Technology's (RIT) Spectrum Support Program, Rogers received her undergraduate degree from St. Bonaventure University and completed her Master's degree in School Psychology at RIT. Rogers is a member of the Committee on Special Education Schools and a special education consultant to teachers and support staff at the Oakfield-Alabama School District, as well as a member of the New York and National Associations of School Psychologists.

DePaul would also like to recognize and thank retiring board member Marian Foster for her 23 years of dedicated service on the DePaul Community Services Board. Her guidance and commitment to those with a psychiatric disability has made a great difference in the lives of those we serve.

WorkGuide Receives Grants



Pictured here are M&T's Rochester Region President Dan Burns, M&T Vice President and Community Relations Manager Sara Cardillo, DePaul President Mark Fuller, M&T Group Vice President Business Banking Upstate NY Market Manager Steve Epping and M&T Vice President, Rochester Middle Market Brett Rawlings at DePaul's Carriage Factory Apartments.

Thank you to M&T Bank and KeyBank for awarding generous grants to DePaul's WorkGuide program. These funds will allow WorkGuide to assist even more individuals with a disability in finding and retaining gainful employment!



Pictured here are KeyBank Market President James Barger and Senior Vice President, Middle Market Relationship Manager Philip Muscato presenting a check to DePaul President Mark Fuller.

Anthony I.

An Advocate For Himself and Others

DePaul Supported Housing client Anthony I. is a born advocate.

“When I was a young boy, the little kids in the neighborhood would come to me when something was wrong,” he said. “People always came to me for help. I have a gift to care about people.”

When Anthony I.’s wife of 22 years filed for divorce, he found himself homeless, in poor health, and scared. This time, Anthony had to learn to accept help from others.

“We all need assistance at some point in time,” he said. “We need to swallow our pride and allow people to help us if something is wrong.”

Born and raised in Utica, New York, Anthony, 63, is a part-time peer support specialist with the Strong Ties Community Support Program where he assists care managers with clients’ needs. A graduate of Mohawk Valley Community College, Anthony worked in the courts and detention homes in Buffalo and Utica, as well as with children in a group home, before landing a job at Xerox where he worked for 11 years. In 1990, when he was in his 40s, Anthony began staying home to help raise his children.

“I stayed home too long,” he said. “I started debilitating physically, spiritually and emotionally. I was going through a real hard time.”

Anthony had lost weight – going from 180 pounds to 99 pounds. Homeless and feeling helpless, Anthony was



diagnosed with undifferentiated schizophrenia. A social worker at the Rochester Psychiatric Center took him to DePaul’s Peck Road Community Residence for a dinner meeting. He wound up living there for three years.

In January 2003, Anthony moved into his own apartment with the assistance of DePaul’s Supported Housing Program. He’s been living in the same apartment on Elmwood Avenue and working at Strong Ties for ten years now.

Marilyn Guadagnino, Primary Therapist and Peer Supervisor at Strong Community Ties, said Anthony truly wants to help clients learn the skills they need to get better on their own.

“It takes a lot of work to make someone change their patterns, but he always wants to get in there and help make that happen,” said Guadagnino. “He’s that glue that holds things together.”

Anthony said he’d love to retire, but he’s not done helping others yet.

“I’ve learned that anything can happen to anybody at any time,” he said. “You have to be proactive and purposeful in your living. You have to play an active part in your health care, keep appointments, medicines are very important, and setting goals and trying to accomplish them.”

To read Anthony’s full story, visit the DePaul Blog at <http://blog.depaul.org/2014/08/20/anthony-an-advocate-for-himself-and-others/>.

WorkGuide’s Ed Diaz Recognized

DePaul WorkGuide Vocational Counselor Ed Diaz was honored with the 2015 Cecilia Coulter Award by the Rochester Area Employment Network (RAEN) in March. He has been with WorkGuide for fifteen years. Diaz said he gets great fulfillment matching individuals living with psychiatric, developmental and physical disabilities with jobs.

“To know that someone can depend on WorkGuide to help them see there are better days coming ahead and to help them shine, that makes my day,” said Diaz.





SRO Olympics

The Second Annual Single Room Occupancy (SRO) Olympics were held in January with teams from the Rochester-area SROs Cornerstone, Edgerton Square, Halstead Square and Parkside, in addition to the Buffalo-area SROs Kensington Square, McKinley Square and Seneca Square vying for the DePaul Cup. Participants competed in a spelling bee, a word search, a free-throw competition, bean bag toss, a putting green, shuffleboard, Wii bowling and traditional bowling. Congratulations to the winners at Seneca Square!



11th Annual Brian Salerno Tournament

Teams from DePaul, East House and Finger Lakes DDSO competed in six basketball games in honor of the late Brian Salerno, a longtime supporter of DePaul and a member of its men's basketball league. In addition to an overall MVP, a player from each of the four teams was awarded MVP. A very special thank you goes out to Noreen Salerno and the Immortal Hoops League for supporting this undertaking for so many years. Her generous donation truly made this day special for all those involved.



Photos by Joseph Ripperger

DEPAUL'S *First Annual* IDOL COMPETITION

Excitement was high and talent top notch at DePaul's First Annual Idol competition held April 30 at Halstead Square, a Single Room Occupancy (SRO) Program in Rochester, New York. A total of 15 residents from Ridgeview Commons, Neighborhood of the Arts (NOTA) Apartments, West Main Treatment Apartments, Edgerton Square and Halstead Square SROs, and the Carriage Factory Apartments took the stage in a competition featuring poetry, singing and musical performances.

Ridgeview Commons Medication Coordinator Karrieh Norman and NOTA Assistant Residential Manager Samantha MacDonald were the masters of ceremony. On the judges' panel were Director of Quality Management Julie Edwards, Program Director Deb White, East Ridge Resident Manager Rebecca Barnes and Ridgeview Commons Senior Program Supervisor Sara Constantine ranking residents based on their performance, stage presence and creativity.



Wanda K., Julie W., and Harrison B.



Ed M., NOTA Apartments



Wanda K., Carriage Factory Apartments



Mark J., Carriage Factory Apartments

Three top prizes were awarded and all participants received a certificate of appreciation for their hard work and dedication. Wanda K. was the second place runner-up. Harrison B. was named first runner-up and Julie W. was awarded first place! Congratulations and thank you to all participants for sharing their talents!

For more on this story and videos of the performances, visit DePaul's blog at <http://blog.depaul.org>.

Syracuse Recognized as Health Care Champion

Christopher Syracuse, Vice President/Executive Director, DePaul Community Services, was recognized as one of Buffalo Business First's Health Care Champions in an annual publication honoring professionals in the medical and health fields. His leadership, dedication to those in recovery from a psychiatric disability and commitment to quality care led to his selection. Chris is also celebrating his 25th year with DePaul. Congratulations, Chris!





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NCADD-RA Tackles Problem Gambling



NCADD-RA received a mini-grant in February 2015 from the New York Council on Problem Gambling allowing for its fourth collaborative outreach project. The primary target audience for 2015 are youth ages 12 to 17. The multi-pronged YOU(th) Decide Project aims to increase awareness to the issue of underage

gambling and the importance of decreasing youth access to gambling among parents of school-aged youth and community leaders.

This collaborative outreach project will run from February through October of 2015 during which time NCADD-RA will be offering youth media literacy training upon request and seeking youth/adult teams who want to be involved advocating for gambling-free events and/or gambling policies in their school and/or community. For further information, please contact Jennifer Faringer at (585) 719-3480 or visit <https://ncadd-ra.org/>.

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DePaul is a not-for-profit organization that provides senior living residential services, mental health residential and treatment programs, addiction prevention and support services, vocational services and affordable housing. To receive DePaul Details electronically, please provide your name and e-mail address to Lynette Wilson-Cox at lcx@depaul.org in DePaul's Communications Department.

Please direct comments to the Communications Department at (585) 426-8000. Visit our website at www.depaul.org.



BLOG REMINDER

Have you visited DePaul's blog recently? It's a great place to read about stories of hope such as Anthony I's, on page five, inspirational employee news such as DePaul Applications Manager Julian Carey who recently shared his love of tap dancing with individuals in DePaul's Recreation program, or to keep up with new projects and developments! Visit <http://blog.depaul.org/> to subscribe and to receive email notifications when new articles are posted.