

The DePaul family has always worked hard to make a difference for our people and our communities. In these unprecedented times, we are forever grateful for the countless acts of humanity that raise our spirits and make each day brighter. We hope you'll join us in celebrating the good that we see at DePaul, as we navigate this journey together.

#### **Never Far Apart at Heart**



Though circumstances may keep DePaul's residents and their families apart physically, that isn't keeping them from connecting in many other creative ways. Resident's at DePaul's Senior Living Communities in New York, North and South Carolina are using everything from virtual hugs and notes to video chats and window visits to stay in touch!

And the online comments in response have been overwhelmingly positive!



## **Quote of the Day**



Inspiration is just a call away at DePaul's Trolley Station Apartments in Canandaigua, New York where Supported Housing Specialist Elizabeth Wiatrowski is armed with a "quote a day" calendar ready to deliver an uplifting quote or words of wisdom!

#### **Recreation Goes Virtual**

Mental wellness is key to overall health. Recreation activities can provide the potential for a balance in life, reducing stress and depression and improving one's mood. In light of the current limitations on gatherings, DePaul's Recreation and Care Management Departments have undertaken efforts to continue to provide activities to engage and enhance the lives of the clients of DePaul's Mental Health Programs across Monroe and Erie counties in New York.



Both Recreation and Care Management have been working to safely distribute care packages to all sites including activities and crafts, daily schedules, wellness tools, coping skills, exercise suggestions and much more! In addition, "Busy Bags" containing soap, coloring activities, colored pencils, etc. were distributed to residents at DePaul's Knitting Mill Apartments in Perry, New York.

## A Little Praise Goes a Long Way



DePaul is the recipient of many notes of thanks all year long. These letters of appreciation, such as the recent one above from a family of a resident at Rolling Ridge in Newton Grove, North Carolina, go a long way in letting our dedicated staff know just how much their commitment to providing the highest quality of care for their loved ones is appreciated!

## Bingo to the Rescue



Social distancing isn't keeping residents at Edgerton Square in Rochester, New York from playing bingo! Brittni, Service Coordinator, led bingo over the intercom while residents played from their rooms! Over 14 residents participated. Staff provided sanitized kits with playing materials and prizes.

# Stay tuned for more good news...











