



DEPAUL

Details

Winter 2021/Spring 2022 Volume XXIV Edition I



"DePaul makes me feel safe."

"I feel like King Arthur living in a castle. The people here are so nice!"

"I love being greeted by a warm smile when I first enter our building!"



"I love this place so much and I love all the people. My daughter and son picked this place out for me and it was the perfect choice!"



Celebrating Our Culture of Caring

Our dedicated staff and residents shared what they love about DePaul. It's clear that those living and working at DePaul embrace our agency's culture of caring and our mission to provide the highest quality care, in supportive work-places and housing environments.

Headquartered in Rochester, DePaul offers services in fourteen counties in New York, with nearly 1,000 dedicated staff members committed to providing quality care and services for over 5,000 people each year. DePaul provides senior living, mental health residential and support services, affordable housing, vocational programming, and addiction prevention and support across nearly 50 program sites.

For all of the people DePaul serves now and into the future, our dedicated staff and quality services provide the building blocks to change, improve or maintain one's quality of life over the long-term. Visit the DePaul Blog at www.depaul.org/blog/ to see what other staff and residents have to say about being a part of our caring community!



Home is where the heart is!

"This is the most peaceful community I have ever lived in. I feel secure knowing that staff will respond to my needs, both professionally and personally. I feel so fortunate to live in this environment."



"DePaul gave me a chance to live a very good life. The program I'm in is the best thing that ever happened to me. The staff at DePaul really care about the people that live here. I thank all the staff from the bottom of my heart for standing by me and helping with all my needs."

"WE GET TO MEET ALL DIFFERENT TYPES OF PEOPLE!"

"I love that we all collaborate and share a unified vision because we are all dedicated to the same mission."

"I love working here because I enjoy spending time with my residents and I really enjoy hearing all their stories!"

"It's an honor to be a part of 'breaking the stigma' for people with a mental illness."



"I am so happy to be a part of the DePaul family! My site is like a well-oiled machine thanks to the collaboration among staff."

"The staff here care about the whole person – our mental, physical and spiritual selves."

"I love living at DePaul because there is a great atmosphere here. The neighbors are friendly, the building is very clean, and the property manager is approachable and friendly. This is the best apartment I've ever experienced!"

"We serve as a support system for those who might otherwise not have a voice."



"I have been very lucky to be with DePaul for many years. This program helped me at the lowest point of my life when I was dealing with a number of challenges. I can't think of a better place to live. Thank you, DePaul!"

Around the World and Home Again



Bill Schwab has traveled the world in search of adventure. He joined the Navy at age 19, serving active duty from 1979 to 1988, including combat in the Soviet-Afghan War.

"At sea, I was always on ships," he said. "We'd go out from six months to a year. We went everywhere."

Among Bill's favorite places he's traveled include San Diego in California, Athens in Greece, and Rio de Janeiro in Brazil.

He's now found a sense of stability and independence back in his hometown of West Seneca at DePaul's Ebenezer Square Apartments. He moved there October 2016 when the building first opened. Bill recalls riding the bus from his apartment at DePaul's Seneca Square, his prior home, to watch Ebenezer Square under construction.

Proudly on display on Bill's wall is a shadowbox filled with examples of Naval knots which he received in boot camp.



He also displays a colorful certificate bordered by various sea creatures and King Neptune which reads "Imperium Neptuni Regis." Translating to "The Empire of King Neptune," he received the honor in 1988 as part of a long-time Naval tradition called "Crossing the Line," the "line" being the equator.

Bill discovered his love of carpentry when he was ten years old. He would ride his bike to job sites to ask if he could work in the warehouse at Boxhorn Carpentry in Lancaster. It was something of a family tradition, as Bill's father was a journeyman carpenter and also served in the Navy.

"They used to call me Laborer Bill in Lancaster," he said.

At 16, Bill joined the United Association Local 32 and got hired at Boxhorn where he worked as a foreman and handled the scheduling. At 19, Bill got tired of the snow and bored with a desk job and joined the Navy.

"I felt bad leaving there," he said.

"My boss shook my hand. He was a little unhappy about it because I had worked for him for so long."

After retiring from active duty in 1988, Bill remained in the Navy on shore duty, working on ships until his discharge in 1992. Bill returned to carpentry for several years during which time the company he worked for received a United States Gypsum Achievement Award for installing 4.5 million feet of drywall. Along with the recognition, he and his colleagues received 16 plane tickets to Las Vegas, a fun memory.

Bill went to the Veteran's Hospital for depression in his mid-40s. He received a mental health diagnosis and was placed on disability due to physical injuries. His sister referred him to DePaul in 2000. He began

living at Edgebrook Estates in Cheektowaga, moving to Seneca Square in Buffalo in 2009.

"Now I've got my own apartment again," Bill said of his home at the Ebenezer Square Apartments. "I love that it's all-inclusive, with a full-size kitchen and stove."

Sober since 1999, Bill is an accomplished man who likes to keep occupied. He doesn't watch television, choosing to focus instead on keeping his apartment neat and clean, and on his health, even exploring the possibility of joining a gym.

"I've been trying to exercise," Bill said. "I like staying busy and getting involved with people. I try to stay active."

Bill is a very independent guy, said Ebenezer Square Residential Services Coordinator Ashley Agnew. He participates in groups and activities, which have kept him busy and social, something he thrives on.

"Bill has made an effort in improving his health," said Ashley. "He's super independent and does everything on his own. He doesn't need much from me."

With a chuckle, he said he "tries not to bother" Ashley too much.

Senior Program Director at the Ebenezer Square Apartments Tracy Vogl said Bill is always working to better himself and the community. Bill said he is grateful for his apartment and the help he receives from DePaul.

"I talk to people all the time, and I like having somebody as a support," he said.



DePaul Development Updates

DePaul is expanding its ability to provide supportive and affordable housing services with the construction of several new communities underway in New York.

DePaul's Port Byron Apartments in Port Byron have received funding. Once constructed, the community will replace the current 39-unit Church Street Apartments with a new building featuring a total of 69 affordable apartments, including 30 apartments offering on-site housing specialist support services.

Construction has begun on the Holland Circle Apartments in Amsterdam. Featuring five buildings

including a one-story office/community building and four twelve-unit residential buildings, the Holland Circle Apartments will contain 48 units for income-eligible tenants and 27 apartments with supportive services to be provided by the Mental Health Association in Fulton & Montgomery Counties.

"These important developments will most certainly create jobs and career opportunities, provide homes for many, and change lives," said DePaul President Mark Fuller.



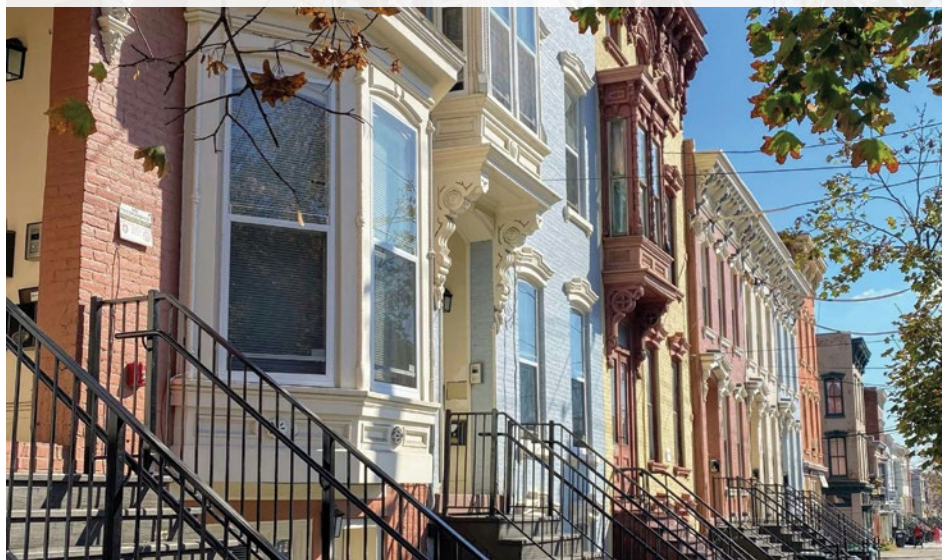
Port Byron Apartments (right)
Holland Circle Apartments (below)



Clinton Avenue Apartments Recognized

Home Leasing's Clinton Avenue Apartments in Albany were recognized with a 2021 Excellence in Historic Preservation Award from the Preservation League of New York State. The development project involved the rehabilitation of 70 historic rowhouses spread across a one-mile span in Albany's Clinton Avenue and Arbor Hill Historic Districts. DePaul provides support services for 40 units.

The award recognizes those "who are using historic preservation to build stronger neighborhoods, create local jobs, provide affordable housing, open our eyes to overlooked history, and save the places that are special to all of us."



Boxcar Apartments LEED Certification

DePaul's Boxcar Apartments in Albion were recently awarded LEED for Homes Gold Certification from the U.S. Green Building Council (USGBC). The Leadership in Energy and Environmental Design (LEED) rating system is the foremost program for buildings that are designed, constructed, maintained and operated for improved environmental and human health performance.



WorkGuide Receives Grant

Thank you to the ESL Charitable Foundation for awarding a \$26,863 grant to enhance WorkGuide's Supported Employment Program.

DePaul's WorkGuide Program has decades of experience providing vocational support to individuals with mental, developmental or physical disabilities seeking assistance with gainful employment in Monroe County. Along with financial benefits and self-sufficiency, employment also assists individuals in gaining a sense of purpose and fulfillment and pride in themselves and their work. WorkGuide assists in building a sense of community between employers and employees while also fostering respect and support for individuals with disabilities.

DePaul is grateful for the support of the ESL Charitable Foundation in making a positive, long-term impact on the individuals, neighborhoods and communities that our agency serves.

DePaul Selected as a Mother Cabrini Health Foundation Grantee

Thank you to the Mother Cabrini Health Foundation for selecting DePaul Adult Care Communities, Inc. as a 2022 grantee! The recent \$90,500 grant will be used to support the ongoing cost of technology engagement programs at DePaul's five senior living communities in New York.

Funds will be used to maintain the operational/subscription costs associated with Eversound wireless headphones, Rendever virtual reality headsets, and iN2L, a content-driven engagement technology, all of which were purchased with support from the Mother Cabrini Health Foundation in 2021.

The Mother Cabrini Health Foundation is a private, nonprofit organization whose mission is to improve the health and well-being of New Yorkers, bolster the health outcomes of vulnerable communities, eliminate barriers to care, and bridge gaps in health services. Named after a tireless advocate for immigrants, children, and the poor, the Mother Cabrini Health Foundation

funds programs and initiatives across New York State that either provide direct healthcare services or address the social determinants of health.

"As we look back at the compounding crises of the last few years, the health-related needs of vulnerable communities have only grown. Our grantees have demonstrated tremendous resilience, creativity, and dedication to serving those in need, especially as the COVID-19 pandemic continues to have such detrimental impact," said Alfred F. Kelly, Jr., Chairman and Chief Executive Officer of Visa and Chair of the Mother Cabrini Health Foundation Board.



Margaret Adams makes homemade bird feeders while learning more about exotic birds using iN2L technology at Wheatfield Commons.

Seniors at Glenwell in Cheektowaga, Heritage Manor of Lockport, Westwood Commons in North Chili, Wheatfield Commons in North Tonawanda and Woodcrest Commons in Henrietta have been leaping into the 21st century thanks to the technology purchased with these grants.

"DePaul recognizes the importance of providing the tools, support and activities that allow seniors to age in place," said Stacie Major, DePaul's Regional Director of Operations for DePaul's Adult Care Communities. "The use of the new technology has proven to be successful as residents are more engaged with the outside world in many different ways, but yet in the comfort of their own home. Seniors have been able to engage with family and friends, even if they couldn't see them face to face."



Joann Schascheck of Glenwell takes a virtual tour of ice cream parlors around the world on National Ice Cream Day.



Honored to be a
Mother Cabrini
Health Foundation
2022 Grantee

NCADD-RA Leads Workplace Wellness Efforts

With the support of the Office of Addiction Services and Support (OASAS) through the State Opioid Response (SOR) grant funding, the National Council on Alcoholism and Drug Dependence – Rochester Area (NCADD-RA) is utilizing an OASAS-approved Promising Prevention Program (PPP) Team Awareness for Workplace Wellness (TAWW). With this model, NCADD-RA plans to offer workplace wellness modules for identified businesses this summer.

NCADD-RA, along with the research/development team at Organizational Wellness and Learning Systems (OWLS), have wrapped up the discovery phase of the project which included key leadership interviews, focus groups and a Business Leader Workplace Wellness Survey. The intention of this phase is to inform the adaptation of workplace wellness modules to better respond to the identified needs of local businesses. NCADD-RA is leading

these efforts which includes a team of prevention provider facilitators across four additional counties (Chemung, Livingston, Steuben and Tioga).

In February, Primary Researcher/Developer/Founder of OWLS Dr. Joel Bennett and NCADD-RA Director Jennifer Faringer, were invited by the Rochester Chamber of Commerce to present "How a Compassionate Business and its Employees Can Help Heal the Nation." Faringer and Dr. Bennett shared several of the early key findings that are emerging from the analysis of the research project thus far. Current resources available through NCADD-RA for businesses and the community, the benefits of a multi-level and integral view of compassion on both organizational and institutional levels, as well as the principles and value of compassionate commerce were also covered in this well-attended webinar.

The webinar ended with a call to action, inviting interested business owners to reach



out to NCADD-RA to engage in a preliminary interview in preparation to deliver workplace wellness module(s) for managers and/or employees. NCADD-RA will be identifying pilot businesses in Monroe County this spring, with the intention of delivering modules this summer.

To learn more about NCADD-RA's Team Awareness Workplace Wellness (TAWW) project and view associated resources, visit NCADD-RA's website <https://ncadd-ra.org/>. For more information, please contact TAWW Project Coordinator Valerie Way at vway@depaul.org or NCADD-RA Director Jennifer Faringer at jfaringer@depaul.org or call (585) 719-3480.

Black History Month

Across DePaul, February was an opportunity for education and celebration aimed at commemorating the achievements of and paying tribute to the central role Black and African Americans have in the history of the United States.

Residents at the Trolley Station Apartments in Canandaigua sampled food from black-owned businesses in celebration of Black History Month! Snacks included Symphony Chips, The Cracker King Rosemary & Sea Salt crackers and Kyvan Honey Apple Salsa! A list of movie suggestions was also included to pair with the snacks.



To Parkside, With Love



Residents at DePaul's Neighborhood of the Arts Apartments in Rochester hand-crafted heartfelt Valentine's Day cards for residents of Parkside in East Rochester. Pictured receiving one of the cards is Lynn H.



Art Therapy

Residents from Seneca Square in Buffalo and the Ebenezer Square Apartments in West Seneca gathered before Thanksgiving last year for a paint night. Pictured clockwise working on a cornucopia painting are Cecelia Pillard, Larry G., John Manczak and Jessie Johnson.



Out and About



Seniors from Heritage Manor of Lockport recently enjoyed a visit to the Corning Museum of Glass where they learned about fiber optics, glass blowing and viewed some of the over 35 centuries of artistry in the galleries. Pictured here, Marge poses in front of one of the larger installations.

Making a Difference at Hopelink



Many thanks to the Department of Social Work and Patient and Family Services at UR Medicine for showing appreciation for DePaul by collecting toiletries and other items for our Hopelink at Shelter Cove program! Hopelink at Shelter Cove, a short-stay residence in Churchville, is a partnership between DePaul Community Services and UR Medicine/Strong Memorial Hospital. Pictured left to right are UR Medicine Care Coordinator Andrea Mowrer (Unit 4-3600), Hopelink Program Director Rebecca Salvati and UR Medicine Social Worker Katie Pummell, LMSW (Unit 4-3600).



Project ²⁰²¹ Thank You!

Clients, residents and staff throughout DePaul were the recipients of much generosity during the 2021 holiday season. Many thanks to DePaul staff members, scout troops, schools, places of worship, community organizations, businesses and individuals who came together to bring joy to all. Everyone who gave of themselves to those in DePaul's care made a tremendous difference!

DePaul is the grateful beneficiary of countless donations of time, talent, gifts and monetary contributions that make the holiday season brighter for those in our care. Space does not permit us to name every donor in this publication but please know that all contributions are known and appreciated. **You truly make a difference.**



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Careers at DePaul – It's a Passion!

Are you or someone you know looking for a career where you can make a difference?

For over 60 years, DePaul's mission has been to assist individuals in achieving their optimum level of independence and success in the environment of their choice, while remaining sensitive to assessed community needs and available resources. Our nearly 1,000 employees are part of a dedicated team who truly care and take pride in everything we do.

DePaul offers a wide range of employment opportunities in the areas of senior living, mental health residential and support services, affordable housing, vocational programming, and addiction prevention and support. There are countless reasons to celebrate being part of our inclusive culture of caring at DePaul, including a **\$1,000 sign-on bonus, highly competitive starting wages and a generous array of benefits!**

To learn more about becoming a member of our passionate, mission-driven team, visit www.depaul.org/employment/.



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www.depaul.org

DePaul is a not-for-profit organization that provides senior living residential services, mental health residential and support programs, addiction prevention and support services, vocational services and affordable housing. To receive *DePaul Details* electronically, please provide your name and email address to Monica Bulger at mbulger@depaul.org in DePaul's Communications Department.

Please direct comments to the Communications Department at communications@depaul.org or call (585) 426-8000.